

## Review

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## Hybrid coronary revascularization: the Emory experience

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## Abstract

This article reviews the Emory University Experience with hybrid coronary revascularization and identifies key factors essential for the success of this relatively new and evolving strategy for the treatment of coronary artery disease. Key decisional and technical factors were identified. Careful patient selection, stepwise progression in learning the different aspects of the procedure, and close collaboration between cardiac surgery-interventional cardiology are key factors for success.



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29 **Keywords:** Hybrid coronary revascularization, robotic coronary surgery

30

31

## 32 **INTRODUCTION**

33 Hybrid Coronary Revascularization (HCR), has evolved over the past decade as a  
34 strategy for the treatment of multivessel coronary artery disease combining the most  
35 significant advantages of surgical coronary artery bypass (CABG) and coronary artery  
36 stenting in order to provide the best possible short and long term results with minimal  
37 invasion of the patient. The 88-90% 20-year patency rate of left internal mammary  
38 artery (LIMA) to left anterior descending (LAD) coronary artery is the pinnacle of what  
39 CABG can offer and is hard to beat<sup>[1-4]</sup>. This excellent patency rate translates into  
40 improved survival, improved relief of symptoms, decrease in major adverse cardiac  
41 events (MACE) and decrease need for reintervention<sup>[1-4]</sup>. Equally important, even  
42 though CABG has better long term outcomes than PCI for multivessel CAD<sup>[5]</sup>, the  
43 newer generation drug eluting stents deployed to treat discrete lesions in non-LAD  
44 territories have excellent short term patency rates (6.6% target vessel failure at 8  
45 months, 8.9% target vessel failure at 3 years)<sup>[6,7]</sup> comparable or superior to vein grafts  
46 to the same territories (25% vein graft failure at 12 to 18 months)<sup>[8]</sup> without the  
47 morbidity of CABG.

48

49 The hybrid strategy has a steep learning curve, particularly on the cardiac surgery side  
50 because the LIMA LAD anastomosis is done without a sternotomy, in an off-pump or  
51 beating heart fashion. The strategy also requires seamless teamwork between cardiac  
52 surgery and interventional cardiology.

53

54 The American College of Cardiology, American Heart Association, American College  
55 of Physicians, American Association for Thoracic Surgery, The Preventive  
56 Cardiovascular Nurses Association, The Society for Cardiovascular Angiography and  
57 Interventions and The Society of Thoracic Surgeons have issued joint guidelines for  
58 HCR, defined as the planned combination of LIMA-to-LAD artery grafting and PCI of  
59 one or more non-LAD coronary arteries<sup>[9]</sup>.

60

61 Class IIa indications include limitations of traditional CABG (heavily calcified  
62 ascending aorta, poor non LAD target vessels but amenable to PCI, lack of suitable  
63 graft conduits) and unfavorable LAD anatomy for PCI (chronic total occlusion or  
64 excessive LAD tortuosity).

65

66 Class IIb indications include attempts to improve overall risk-benefit ratio of both PCI  
67 and CABG in patients who have multivessel coronary artery disease, would benefit  
68 from a LIMA to LAD bypass but have other comorbidities that put them at risk of  
69 complications after surgery (recent MI, frailty) or need rapid return to baseline  
70 activities.

71

72 This article aims to distill the lessons that we have learned at Emory University over  
73 the past decade of application of this strategy and provide guidance on the steps  
74 required to introduce it into the armamentarium of an institution.

75

## 76 **CABG WITHOUT STERNOTOMY (MINIMALLY INVASIVE CORONARY** 77 **SURGERY)**

78 Efforts to avoid partially or completely the sternotomy to perform CABG started in  
79 1995 with Dr Bennetti<sup>[10]</sup>.

80

81 At Emory, we moved in the early 2000s to harvest the LIMA using video-assisted  
82 thoracic surgery techniques (VATS), a robotic arm, Aesop (Intuitive Surgical,  
83 Mountainview, CA) to hold the camera, and a 1.5-2 inch incision, if necessary with  
84 resection of a costal cartilage, to perform the LIMA to LAD anastomosis off-pump,  
85 using a port based cardiac positioner (Medtronic, Minneapolis, MN. Guidant, Santa  
86 Clara, CA, Estech, Danville, CA). The technique was called EndoACAB (endoscopic  
87 atraumatic coronary artery bypass). A significant experience of 607 patients was  
88 accumulated with excellent results: 30 day mortality of 1%, a mean ICU length of stay  
89 of  $11.2 \pm 9.9$  hours, a hospital length of stay of mean  $2.4 \pm 1.3$  days, a conversion to  
90 sternotomy or standard thoracotomy of 3.6% (0.7% emergent) and a five year survival  
91 of  $92.9 \pm 2.4\%$ <sup>[11]</sup>.

92

93 Unfortunately, the VATS technique to harvest the mammary was difficult to learn  
94 mainly because the LIMA was harvested with long-shafted instruments endoscopically.

95 Such instruments amplify hand tremors and have no articulation of the distal ends of  
96 the instruments to allow complex intrathoracic manipulations. The Aesop robotic arm,  
97 essential for holding the camera, was unfortunately discontinued from production.  
98 Furthermore, the advent of the robotic Da Vinci Surgical System (Intuitive Surgical  
99 Inc., Sunnyvale, CA) made this procedure somewhat obsolete.

100

101 The Da Vinci robot introduced a new level of precision, visualization and endoscopic  
102 freedom of movement inside the body with 3 dimensional articulating instrumentation  
103 and 10x high fidelity magnification. Thus, exposure and visualization was greatly  
104 facilitated and more complex movements could be made inside the chest. The  
105 3-dimensional wristed instruments provided greater range of motion in a small space.  
106 The robotic instruments are able to filter the hand tremor, hence this becomes a  
107 non-issue. Dual consoles allow the technique to be taught much more easily, with  
108 seamless transfer of controls between mentor and trainee.

109

110 The majority of minimally invasive CABG procedures since 2009 at Emory have been  
111 performed with robotic-assistance, thus the term robotic-assisted CABG. The procedure  
112 has been extensively described in publications<sup>[12-16]</sup>. Briefly, patients are placed supine  
113 on the operating table and after induction 2 rolled sheets or a bump is placed under the  
114 left shoulder with the superior tip of the bump placed just inferior to the scapula. The  
115 patient is positioned slightly towards the left of the table so that when the left arm is  
116 loosely tucked, the left shoulder gently hangs off of the bed. The lowering of the left  
117 shoulder is critical to avoid conflict with the robotic arms. The patient is then prepped  
118 and draped in the usual fashion for coronary bypass surgery, the middle of the chest is  
119 marked between the clavicle and costal margin [Figure 1]. There is no specific  
120 interspace but in general the camera port should be placed in the middle of the chest or  
121 just slightly lower at approximately the anterior axillary line.

122

123 A spinal needle is used to identify the rib and the interspace. We always use a blunt  
124 instrument similar to tube thoracostomy prior to inserting the camera port. The camera  
125 port can then be placed gently with a slight angle superiorly to avoid underlying cardiac

126 injury. Immediately after this port is placed, carbon dioxide insufflation should be  
127 initiated from 8-12mm Hg with careful attention to blood pressure while creating a  
128 tension pneumothorax. Not infrequently, anesthesiology will need to make adjustments  
129 with loading conditions to allow the patient to tolerate this. The insufflation can be  
130 adjusted up or down (6-15 mmHg) as needed. The camera is then inserted, and the  
131 superior port is placed 2 interspaces above the camera port in either the 2nd or 3rd  
132 interspace, more medial than the camera port.

133

134 The inferior port is placed 2-3 interspaces in a similar medial-lateral position as the  
135 camera port. Note, the working arm ports should be placed with endoscopic guidance  
136 so you can see where the ports are entering the chest and in which interspace [Figure 2].  
137 The da Vinci system is docked [Figure 3] and the LIMA can be harvested as a thin  
138 pedicle or skeletonized.

139

140 Our preference is to remove overlying muscle and fascia to completely expose the  
141 LIMA but to then take the vessel as a thin pedicle with electrocautery and clips to avoid  
142 any manipulation of the artery [Figures 4 and 5]. A small pericardial window  
143 posterior to the phrenic is then made, the pericardial fat is dissected off the anterior  
144 pericardium, and a full longitudinal pericardiotomy is then made to mirror the same  
145 pericardiotomy that would be made via sternotomy [Figure 6].

146

147 After dividing the LIMA distally with clips, the robot is undocked, the endoscope and a  
148 spinal needle are used to help with localization of the skin incision so that after a 3-4cm  
149 thoracotomy incision is made, the LAD target should lie directly underneath. No rib  
150 retractors are used but exposure is usually more than adequate with a soft tissue  
151 retractor without dividing or resecting any ribs or costal cartilage. The Nuvo stabilizer  
152 (Nuvo; Medtronic, Minneapolis, MN) is used to stabilize the LAD, a vessel loop is  
153 placed around the more proximal LAD and test occluded for 3min while the LIMA is  
154 prepared.

155

156 Then the anastomosis is done off-pump with a shunt in place in the same manner that  
157 would be done via sternotomy [Figure 7].

158

159 The shunt decreases the risk of electrical or hemodynamic instability which is a  
160 devastating complication in a case without ready access for cardiopulmonary bypass.  
161 Final angiographic results after completion of the HCR are presented in Figures 8 and  
162 9.

163

#### 164 **HCR AND CARDIOPULMONARY BYPASS**

165 Efforts to move towards a minimally invasive approach, have been spearheaded by  
166 surgeons who developed expertise in OPCAB, interested to combine the benefits of  
167 minimally invasive approaches and OPCAB. All of our robotic-assisted cases at Emory,  
168 are therefore performed off-pump for the LIMA LAD anastomosis, using specially  
169 designed, minimally invasive tissue stabilizers for robotic cases. In patients where we  
170 suspect we may need cardiopulmonary bypass, the initial favored approach is a  
171 standard median sternotomy.

172

#### 173 **TIMING OF HCR STEPS**

174 It is important to understand that HCR has two components: minimally invasive or  
175 robotic assisted CABG and PCI. The sequence in which these two steps are performed  
176 matters and has clinical, scheduling, and even financial consequences. A comparative  
177 summary of the advantages and disadvantages of each sequence is presented in Table 1.

178

179 Our preference at Emory is to perform the LIMA-LAD first when possible. In patients  
180 with stable coronary disease, this has several advantages including the ability to  
181 perform the surgical procedure without concerns for dual antiplatelet therapy, and the  
182 ability to interrogate the anastomosis angiographically during the subsequent cardiac  
183 catheterization. However, for patients that present to the hospital with an acute  
184 coronary syndrome, the general rule is to treat the culprit lesion first.

185

186 The LIMA LAD anastomosis can be done during the same admission or staged 1-2  
187 months later if the LAD anatomy permits<sup>[13,17]</sup>. The most convenient option for the  
188 patient is a concomitant procedure in a hybrid room where the PCI portion of the  
189 procedure can be performed immediately after the anastomosis.

190

191 The main advantage for the clinician is that graft patency can be confirmed  
192 immediately on the operating table and any technical complications can be addressed  
193 while still in the operating room.

194

195 However, the logistical challenges of scheduling for both surgeons and  
196 interventionalists can make this difficult.

197

## 198 **SELECTION OF PATIENTS FOR HCR AND PERFORMING HCR IN** 199 **SPECIAL CIRCUMSTANCES**

### 200 **The ideal candidate for HCR**

201 Experience has taught us that the best suited patients for HCR are the ones with  
202 proximal, focal coronary lesions, in fairly large coronary arteries, that have a relatively  
203 low burden of calcium. The mid or mid to distal LAD is the prime target for a  
204 minimally invasive approach. An intramyocardial LAD is a relative contraindication  
205 for HCR, because it is very difficult to identify and trace such a vessel through the  
206 limited exposure of a small thoracotomy attention should be paid to examine the  
207 preoperative cardiac catheterization for straight segments of LAD, particularly ones  
208 that tend to move inward in systole more than the rest of the LAD, and particularly in  
209 the mid LAD.

210

211 Body habitus plays a significant role in the success of HCR. The ideal patient in the  
212 surgeon's early experience should be tall, fairly thin, with large pleural cavities and  
213 relatively small heart. A large heart can make harvesting of the LIMA very difficult and  
214 increases the risk of either LIMA or cardiac injury. Early in our experience we required  
215 two criteria for inclusion: one was a good LAD target vessel for bypass and the second  
216 was a good body habitus for a minimally invasive left thoracotomy approach. We  
217 adhered strictly to this protocol for the first 200-300 cases but currently all we require  
218 is one of the above [Table 2].

219

### 220 **HCR in patients with chronic obstructive pulmonary diseases**

221 Chronic obstructive pulmonary diseases (COPD) poses an interesting challenge for the  
222 performance of HCR. On one hand, increased lung volumes, increases left pleural  
223 cavity size and improves visualization and ability to harvest the mammary greatly. On  
224 the other hand, medium and small airway obstruction can trap air and make

225 visualization difficult. Our preference is to use double lumen tubes versus bronchial  
226 blockers in such patients as this allows better deflation of the left lung. The use of CO2  
227 insufflation for robotic cases can result in respiratory acidosis and hypotension much  
228 faster than in patients without COPD; anticipation of these issues, administration of  
229 bronchodilators and frequent blood gas checks.

230

231 With CO2 insufflation, the other option is to use low tidal volume bilateral lung  
232 ventilation during the LIMA harvest and deflate the left lung during the anastomosis.  
233 Intermittent bilateral lung ventilation can also be used throughout the procedure. In  
234 general we have found that almost all patients that are not on home supplemental  
235 oxygen are able to safely tolerate either single or low-tidal volume bilateral lung  
236 ventilation.

237

238 **HCR in patients with chest wall deformities (prior trauma, chest wall radiation,  
239 kypho-scoliosis, pectus deformities)**

240 Such patients can pose substantial challenges for minimally invasive CABG because of  
241 difficult visualization, and possible unpredictable course or complete occlusion of the  
242 LIMA in case of prior trauma with rib fractures or radiation. Again, decision should be  
243 made on a case by case basis, taking into account the severity of the deformity, its  
244 particular location, the likelihood of direct interference with the operation and most  
245 important the experience of the operator with minimally invasive CABG procedures.

246

247 **HCR for left main disease**

248 CABG is considered the standard of care for left main disease (LMD). Recently  
249 however, after results of the EXCEL trial, PCI has been upgraded as an acceptable  
250 alternative for LMD treatment. This has opened the possibility for HCR as a solution  
251 for LMD. Performing a “limited intervention” in cases of left main disease during the  
252 first step of the HCR, can have however adverse effects during the higher demands of  
253 postoperative recovery after a minimally invasive CABG procedure and until the  
254 patient can get completely revascularized with PCI. We compared 27 patients who had  
255 HCR with 81 contemporary patients treated with off-pump CABG for left main disease.  
256 In all but one HCR patient the left main was stented into the circumflex after LIMA  
257 LAD anastomosis. Immediate postoperative and medium term outcomes were similar,



258 except that the need for perioperative blood transfusions was significantly lower in the  
259 HCR group than the sternotomy CABG group. There was a trend towards higher need  
260 for repeat revascularization at a median follow up of 3.2 years, but not statistically  
261 significant – 2 patients in HCR group versus 1 patient in CABG group,  $p=0.9^{[13]}$ .  
262 Certainly this study was small, but shows that such an approach is feasible.

263

264 In general this option can be considered in patients with either distal left main  
265 bifurcation lesion or any lesion in the left main along with a proximal lad lesion.  
266 Isolated ostial or body lesions should not be considered for HCR b/c there will be  
267 significant competitive flow with the LIMA b/c there will no longer be a proximal  
268 lesion after PCI of the left main.

269

#### 270 **HCR for patients with low ventricular ejection fraction**

271 Poor contractility makes any cardiac intervention more difficult and HCR is no  
272 exception. The challenge is augmented by the fact that the heart cannot be fully  
273 visualized during the CABG part of the operation. Such patients tend to tolerate poorly  
274 marginal oxygenation and ventilation that can occur with single lung ventilation. As a  
275 general rule, if cardiopulmonary bypass assistance may be needed, our preference is to  
276 perform median sternotomy.

277

#### 278 **HCR in patients with previous left lung surgery or who had previous left 279 thoracotomies**

280 In our experience, robotic HCR in those circumstances is generally contraindicated.  
281 The situation offers the challenge of creating an adequate working space to harvest the  
282 LIMA and perform the LIMA to LAD anastomosis, because of previous adhesions.  
283 Equally challenging can be the fact that the heart can be displaced much further to the  
284 left, particularly after left lower lobectomies. It is paramount, particularly in situations  
285 of previous left anterolateral thoracotomies, to verify the patency of the LIMA at the  
286 time of preoperative cardiac catheterization, as it could have been injured and ligated  
287 during the previous surgery. Also, after left lung cancer surgery, it is possible that the  
288 patient had radiation to the chest wall on the left and this can make harvesting the  
289 LIMA exceedingly difficult. For all these reasons the patient might be better served  
290 with a conventional CABG and alternative arterial conduits but these decisions should

291 be made on a case by case basis with considerations for the risks and benefits of each  
292 approach.

293

## 294 **SAFETY OF HCR**

### 295 **Quality of the LIMA conduit and LIMA LAD anastomosis**

296 One of the most important questions about HCR concerns exactly that topic: given the  
297 different visualization during harvesting as well as limited exposure during the  
298 anastomosis, is this truly a comparable end product to the well-established gold  
299 standard results of median sternotomy LIMA to LAD operation? A comparison  
300 between our early HCR group versus median sternotomy off pump CABG group  
301 indicates that issues with either the LIMA or the LIMA to LAD anastomosis are  
302 potentially more prevalent in the HCR group<sup>[14]</sup>. However, these were rarely clinically  
303 driven ischemia events in the HCR group. Almost all of the patients in the hybrid group  
304 underwent LIMA angiography and almost none of the patients in the CABG group  
305 underwent postoperative angiography. Thus, the comparisons were not standardized,  
306 and minor defects early after anastomosis are more likely to be identified.

307

308 Our recommendation is to perform completion or postoperative angiography during the  
309 surgeon's early experience with robotic-assisted CABG for quality control purposes.  
310 This was our model for almost all of the first 3-400 cases. This provides opportunities  
311 for refinements in technique, ensures optimal quality outcomes, and ensures that  
312 excellent results are achieved with minimally-invasive approaches. Our current patency  
313 rate approaches 98% for patients who underwent completion or postoperative  
314 catheterization.

315

316 One important question is what to do if a mild narrowing or physiologically  
317 insignificant defect is detected at or near the distal anastomosis when PCI is performed  
318 during the second stage of HCR. There is no compelling literature data about this issue.  
319 Certainly an argument could be made about using invasive functional evaluation  
320 (fractional flow reserve calculations – iFR/RFR), however, technical issue that can  
321 occur in attempts to cross a fresh anastomosis with a wire could be a problem. Our  
322 experience, which we are in the process of analyzing for mid and longer term results,  
323 has been that the majority of these should not be intervened on early, particularly if

324 there is TIMI 3 flow distal to the anastomosis. Repeat angiography in 6-8 weeks and  
325 possible iFR/RFR is recommended and if necessary, intervention can then be  
326 performed.

327

### 328 **Major adverse cardiac and cerebrovascular events (MACCE - death, myocardial** 329 **infarction and stroke)**

330 In most published series there are no statistically significant differences in hospital  
331 MACCE between HCR group when compared to our conventional sternotomy patients  
332 [14,18-22]. However, our current experience suggests a low risk adjusted mortality rate  
333 <1%, and a stroke rate that is comparable to PCI at approximately 0.5%.

334

335 One important finding was that the incidence of perioperative myocardial infarction  
336 was not statistically different (0.7% versus 0.5%, in the HCR versus the conventional  
337 group,  $p = 0.8$ )<sup>[14]</sup>. This alleviates concerns that partial revascularization, either by  
338 single vessel CABG or PCI, during the initial part of the procedure, would increase the  
339 risk of perioperative myocardial infarction due to increased risk of perioperative  
340 demand ischemia during the interim period between both procedures<sup>[18-22]</sup>.

341 In general, if patients present with an acute coronary syndrome secondary to a  
342 non-LAD culprit lesion, they should undergo PCI of the non-LAD culprit lesion first.  
343 If the LAD lesion is not critical, it can be staged 4-6 weeks later.

344

345 If the LAD lesion and the non-LAD lesion(s) are both critical, LIMA LAD grafting  
346 should be done first and PCI should be done postoperatively during the same hospital  
347 stay. For non-critical lesions, the procedures can be staged over weeks.

348

349 The goals of HCR should be the same as for CABG and multivessel PCI – complete  
350 revascularization for all patients.

351

### 352 **Risk of bleeding**

353 An important question about HCR is the risk of bleeding due to mandatory need for  
354 antiplatelet agents in the perioperative period. A pivotal role in the success of HCR is  
355 played by the use of drug eluting stents (DES). Such stents have a long term patency  
356 rate comparable to vein grafts, and second generation DES are less thrombogenic  
357 compared to bare metal stents however early thrombosis due to delayed

358 endothelialization can still be an issue. Dual antiplatelet therapy is mandatory after  
359 DES and the risk of stent thrombosis, with associated myocardial infarction or sudden  
360 death doubles for the first generation stents, if that therapy is stopped<sup>[7,8,23]</sup>. Even with  
361 the second generation drug eluting stents, permanent discontinuation of dual  
362 antiplatelet therapy before thirty days from stent insertion results in high risk of stent  
363 thrombosis (hazard ratio 26.8 98.4-85.4), 95% confidence interval,  $p < 0.0001$ );  
364 permanent discontinuation after 90 days does not seem to be associated with higher risk  
365 of stent thrombosis<sup>[23]</sup>.

366

367 For patients that have undergone a PCI first strategy for HCR, we recommend  
368 continuation of DAPT even for their surgery. Modifications of these recommendations  
369 will depend on guideline changes for the duration of DAPT for the latest generation of  
370 DES.

371

372 At Emory we use preferentially a staged strategy, performing the robotic LIMA LAD  
373 first, then the PCI, unless the culprit vessel is a non-LAD vessel, in which case PCI is  
374 performed first. With this strategy, our blood transfusion requirements have been  
375 statistically significant less in the HCR group than in the sternotomy CABG group  
376 (35.4% versus 56%,  $p < 0.001$ )<sup>[14]</sup>. Similar results have been confirmed by others<sup>[17]</sup>. A  
377 larger study is however necessary to elucidate this issue, as it is possible that  
378 performing routinely PCI first, before the portion of the procedure, can increase the risk  
379 of bleeding due to more widespread use of dual antiplatelet therapy. Our current  
380 transfusion rates for HCR procedures is approximately 15% of patients undergoing  
381 robotic-assisted CABG, which is significantly less than sternotomy patients - 25-30%.

382

383 A word of caution should be said also about the particular type of antiplatelet agents  
384 used: most of the studies have been done with the combination Aspirin and Plavix  
385 (Clopidogrel). Newer agents like Brilinta (Ticagrelor) or Effient (Prasugrel) have not  
386 been studied extensively in this setting and it is possible, particularly if PCI is done first  
387 and particularly if Effient (which is much more potent at platelet inhibition) is used,  
388 that the bleeding complications will be higher in the HCR group.

389 For patients on these newer generation antiplatelet agents, we usually transition them to  
390 clopidogrel if they are sensitive to this agent 7 days before surgery to avoid performing  
391 surgery on ticagrelor or prasugrel.

392

### 393 **Mistaking a diagonal branch for the LAD**

394 Mistaking a diagonal branch for the LAD can occur at times, particularly if the LAD is  
395 small, intramyocardial or the target LAD lesion is very distal, as mentioned above. If  
396 there is no stenosis between the ostium of the diagonal and the LAD, grafting a LIMA  
397 to diagonal instead of the LAD has two main drawbacks: the diagonals are smaller  
398 vessels and the diagonals lack septal perforators, which reduces substantially the  
399 vascular bed available for immediate perfusion. Both of these factors can result in  
400 decrease patency rates for the LIMA and inadequate long term flow in the anterior  
401 region of the heart.

402

403 For these reasons, if the mistake is recognized intraoperatively, we recommend  
404 transecting the LIMA as close as possible to the diagonal anastomosis after applying a  
405 small clip on the LIMA flush with the diagonal, and re-grafting the LAD with the  
406 LIMA. If this complication is recognized during the index procedure, it almost always  
407 can be addressed during the same setting by dividing the LIMA at the diagonal  
408 anastomosis and grafting it onto the LAD.

409

### 410 **ADVANTAGES OF HCR: WHAT HCR CAN DO WELL AND WHAT IT DOES** 411 **ONLY marginally BETTER THAN CONVENTIONAL CABG**

412 The main advantages to a hybrid approach are the following:

- 413 1) the major benefit of CABG is still achieved with LIMA LAD grafting;
- 414 2) there is a lower transfusion rate<sup>[14,17]</sup> compared to conventional CABG;
- 415 3) risk of stroke is lower because there is no aortic manipulation and no  
416 cardiopulmonary bypass;
- 417 4) the risk of serious wound complications (mediastinitis) is avoided;
- 418 5) return to normal activity and recovery time are quicker and;
- 419 6) improved cosmesis.

420

421 The main goal with HCR is for patients with proximal LAD disease who may have  
422 otherwise been treated with PCI to the LAD are able to derive the long-lasting benefits

423 associated with LIMA LAD grafting. Most of the patients that undergo robotic-assisted  
424 CABG would have otherwise been treated with multivessel PCI, not CABG.

425

#### 426 **DEVELOPING A SUCCESSFUL HCR PROGRAM.**

427 The prerequisite for a surgeon to start a successful HCR program is to master the  
428 techniques of at least one minimally invasive CABG approach and off-pump coronary  
429 bypass. These two goals are difficult to be tackled simultaneously. Off-pump LIMA  
430 LAD grafting is best mastered in open sternotomy cases, under the careful supervision  
431 of a seasoned mentor. The pathway for training however could be different for a young  
432 surgeon just out of training versus an experienced surgeon routinely performing the on  
433 pump, arrested, technique. For the young surgeon, training in a program experienced  
434 with off-pump and beating heart surgeries in its different varieties or joining a group  
435 with extensive expertise in such techniques, would be the best path forward. The  
436 surgeon will be coached in avoiding serious mistakes and will gain the expertise and  
437 confidence to become a skilled surgeon. These skills can then be translated into a  
438 minimally invasive platform.

439

440 For the seasoned surgeon with expertise in on pump arrested CABG, a short period of  
441 observation in a busy off-pump program, followed by transition to perform LIMA to  
442 LAD anastomosis on a beating heart, but in a pump assisted fashion, followed by  
443 performance of LIMA to LAD completely off-pump in conjunction with conventional  
444 on pump, arrested technique for the other anastomoses, would lead to expertise during  
445 one's own practice.

446

447 The harvesting of the mammary artery can be learned as a second step or  
448 simultaneously. A minithoracotomy approach harvest is probably the easiest to learn in  
449 a self-taught manner, after observing cases and watching videos. Robotic cases, due to  
450 the complexities of positioning the robot, training a whole team and actually learning  
451 the technique, are a much more ambitious goal, and would require either a  
452 mini-fellowship or be reserved as a later goal.

453

454 First of all, the exposure, be it mini-thoracotomy or a 2-inch, non-rib spreading incision  
455 used for robotic cases, offers a very different view of the heart than a surgeon is  
456 traditionally used to. This translates into difficulties in identifying the LAD target.

457

458 From the minimally invasive view, the LAD is the furthest vessel to the right; problems  
459 can appear however, when the LAD is buried in epicardial fat or is intramyocardial. It  
460 is paramount to make sure that the vessel furthest to the right on the anterior aspect of  
461 the heart has a general direction tracking to the apex of the heart. This can be verified  
462 by direct inspection through a minithoracotomy approach or by camera inspection with  
463 the robot, and marking the vessel with a marking pen or clip after opening the  
464 pericardium robotically prior to performing the small access incision for the LIMA to  
465 LAD anastomosis.

466

## 467 **CONCLUSION**

468 In conclusion, HCR is a novel technique that in the hands of expert surgeons can offer  
469 the next level of care for appropriately selected patients, combining the benefit of long  
470 term results offered by sternotomy CABG with short term rapid recovery and minimal  
471 morbidity. Such an approach is feasible if time and energy is invested in training and  
472 logistical development of a collaborative approach.

473

## 474 **DECLARATIONS**

### 475 **Authors' contributions**

476 Conception, design and editing of the article: Pusca SV, Halkos ME

477

### 478 **Availability of data and materials**

479 Not applicable.

480

### 481 **Financial support and sponsorship**

482 None.

483

### 484 **Conflicts of interest**

485 All authors declared that there are no conflicts of interest.

486

### 487 **Ethical approval and consent to participate**

488 Not applicable.

489

490 **Consent for publication**

491 Not applicable.

492

493 **Copyright**

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495

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573

574 **Table 1. Comparison of the three strategies available to perform the steps of HCR**

<b>Minimally invasive CABG first</b>	<b>Stent first</b>	<b>Same setting</b>
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<i>Advantages</i>		
Less risk of bleeding during the CABG	Bail out to conventional surgery if PCI unsuccessful without need for second surgery; helpful option for CTO PCI of non-LAD vessels	Convenient for patient
LIMA LAD provides protection during subsequent PCI	Allows immediate, expeditious coronary revascularization in patients presenting with acute coronary syndromes in non LAD territories with lesions amenable to PCI	Lower total periprocedural length of stay
Able to study the LIMA LAD anastomosis at time of subsequent PCI		Most financially efficient
<i>Disadvantages</i>		
Incomplete revascularization during the higher cardiac demands of postoperative recovery	No LIMA LAD protection for multivessel PCI	Difficult coordination of multiple teams: scheduling is inefficient as one team has to wait for the other to finish and ties up operating room and cath lab personnel
Unsuccessful PCI requires a second surgery	Highest risk of bleeding during CABG due to need for dual antiplatelet therapy after stent (extended administration)	Slightly higher risk of bleeding due to loading dose of dual antiplatelet agents for PCI
Requires two separate procedures	Requires two separate procedures	Longest procedural duration

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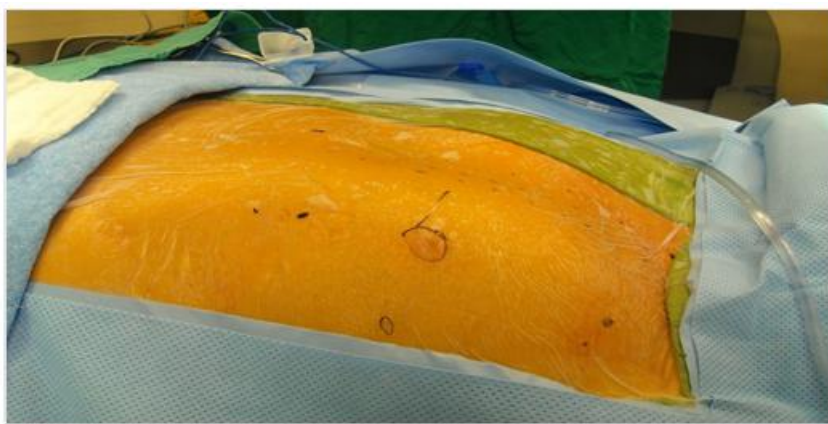
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**Table 2. Relative indications and contraindications of HCR**

Relative Indications	Relative Contraindications
Low-intermediate SYNTAX score	High SYNTAX score
Proximal focal coronary lesions	Left thoracotomy, left lung surgery
Low burden of calcium in the coronary arteries	Home oxygen requirements
Good target vessels (large LAD)	Hemodynamic instability
Large pleural cavity	Preoperative need for intraaortic balloon pump
Small heart	Obese (particularly morbidly obese) patients
Thin, tall body habitus	Suspicion of intramyocardial LAD

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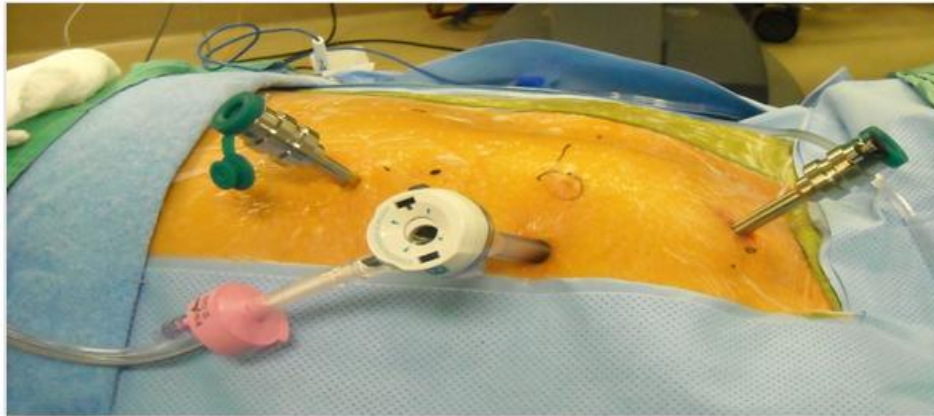
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**Figure 1. Robotic CABG: planning of the incisions**

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588 **Figure 2. Robotic CABG: port insertion**

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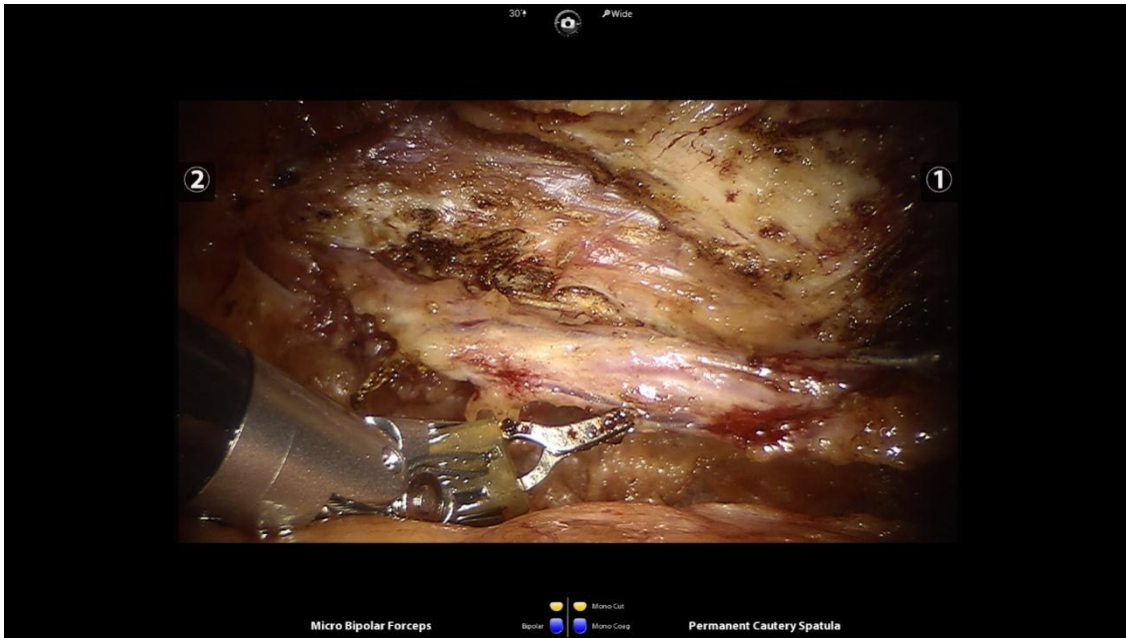


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594 **Figure 3. Robotic CABG: docking of the Da Vinci robot**

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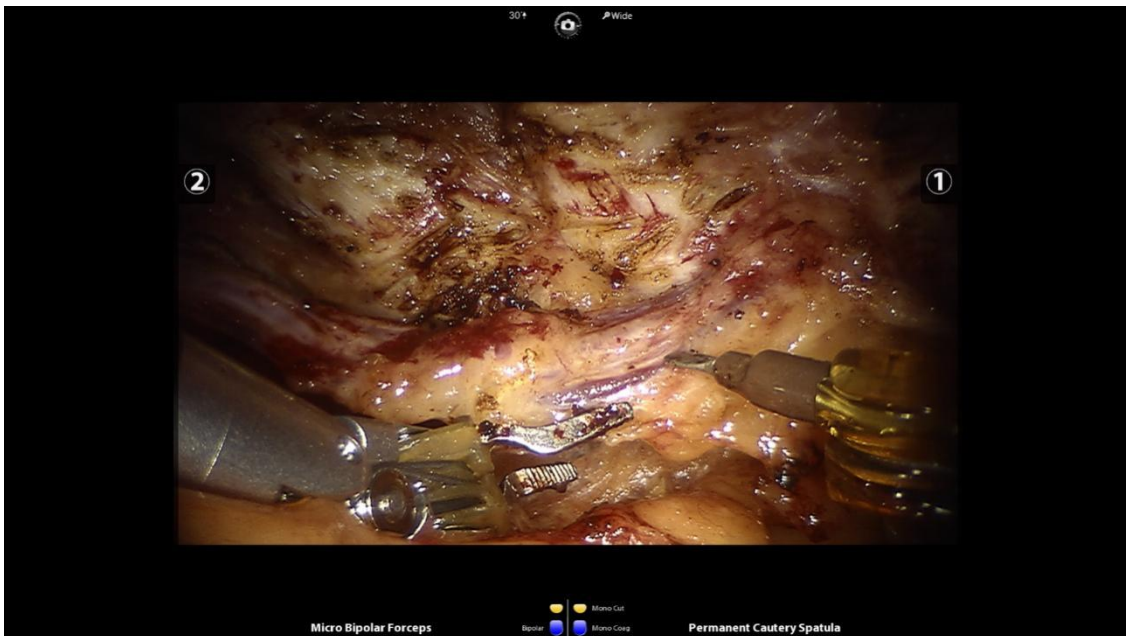
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**Figure 4. Robotic CABG: starting the LIMA dissection**

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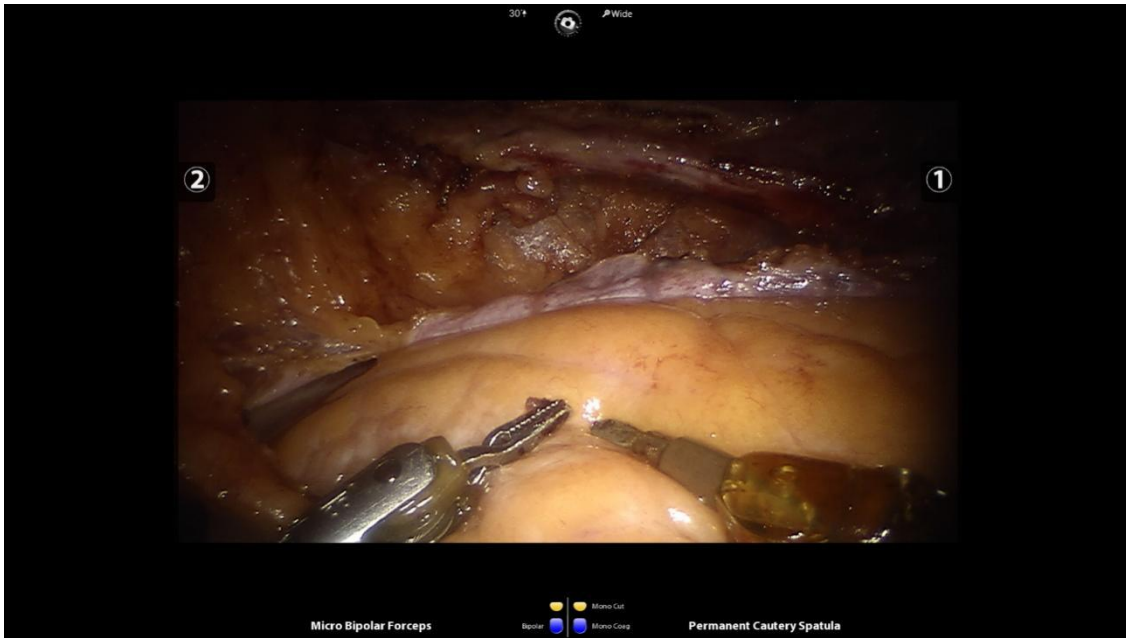
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**Figure 5. Robotic CABG: continuing the LIMA dissection**

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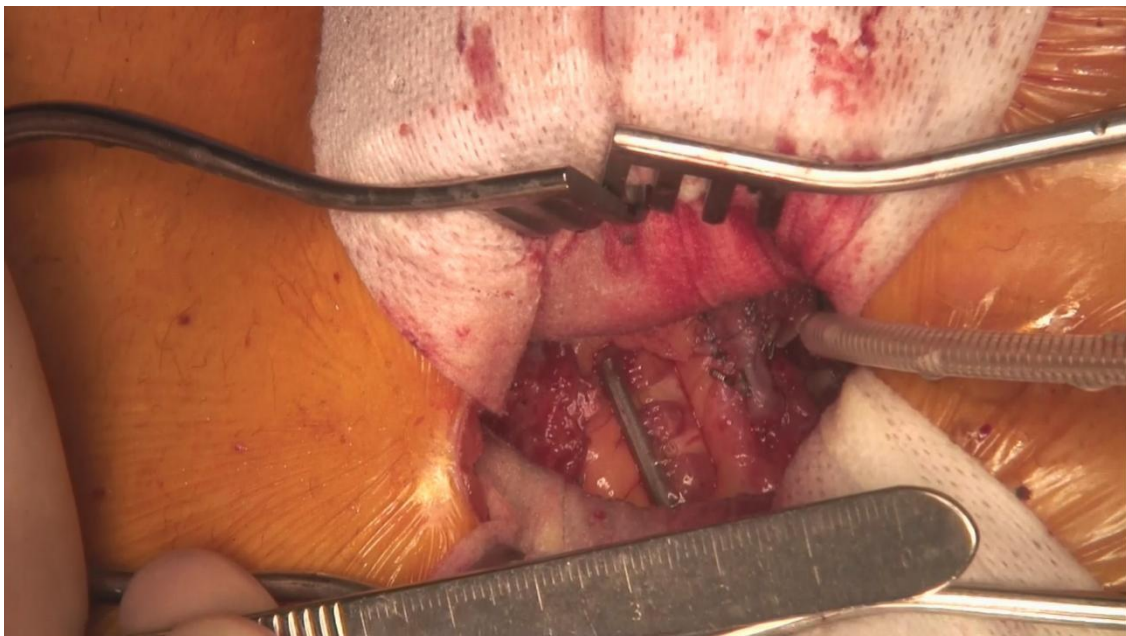


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606 **Figure 6. Robotic CABG: identifying the LAD**

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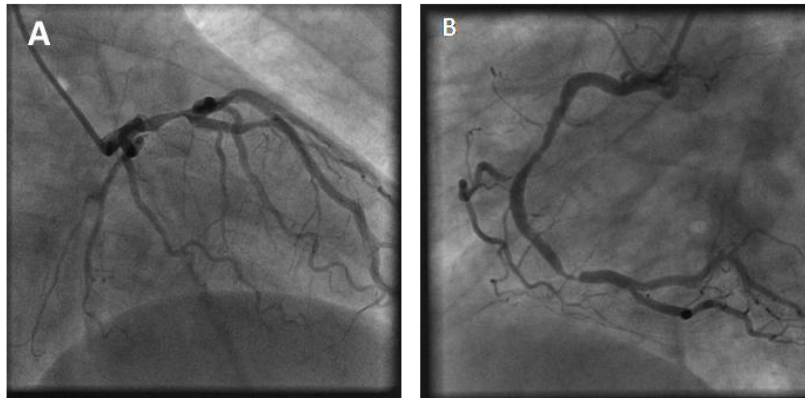
610 **Figure 7. Robotic CABG: stabilization and distal anastomosis**

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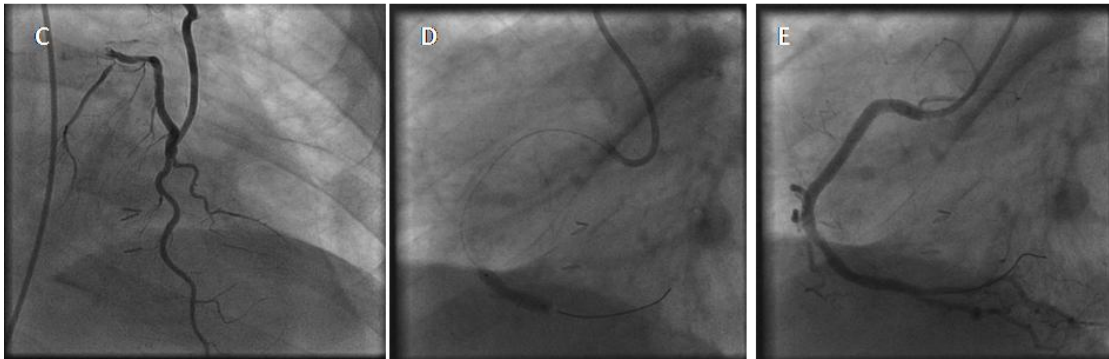
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Before



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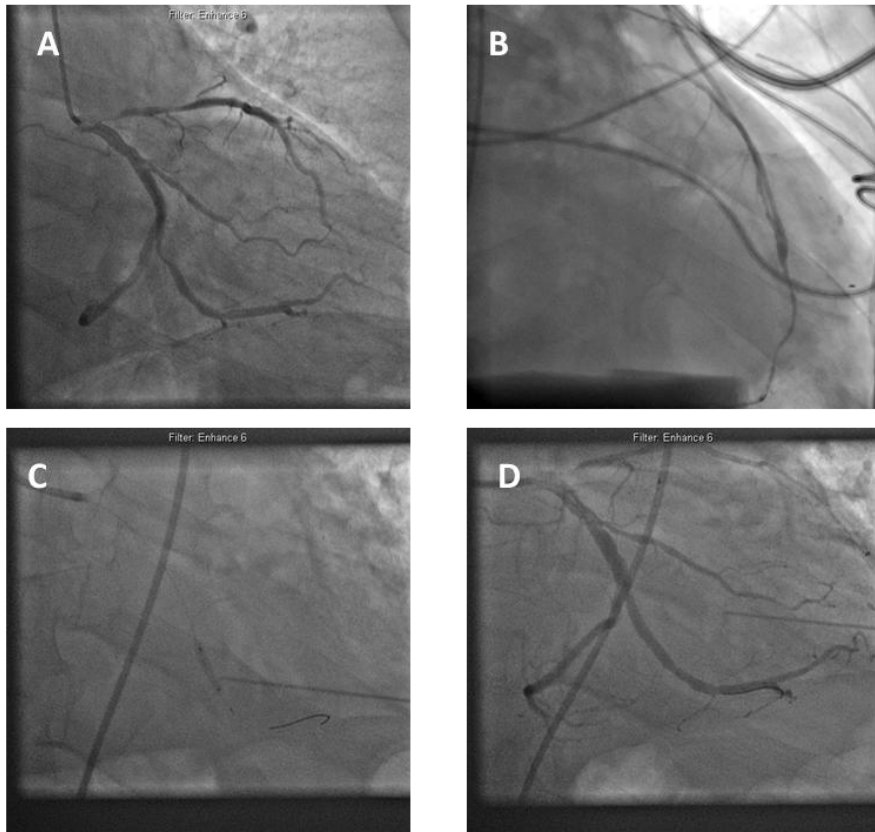


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615 **Figure 8. HCR coronary angiogram: robotic LIMA to LAD and stenting of the**  
616 **proximal circumflex artery**

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618

619 **Figure 9. HCR coronary angiogram: robotic LIMA to LAD and stenting of the**  
620 **distal circumflex artery**

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622