ABSTRACT

Aim: This study was conducted to assess the in vivo and in vitro anti-tumor effects of diallyl disulfide (DADS) against Ehrlich ascites carcinoma (EAC) and to suggest its probable mechanism of action. Methods: EAC was induced in female mice by intraperitoneal injection of EAC-cells from stock mice. EAC-bearing mice were orally treated with 100 mg/kg body weight for 2 weeks beginning from the 1st day of EAC intraperitoneal transplantation. Cytotoxicity effects of DADS against EAC-cells in vitro were investigated at different concentrations (0, 6.25, 12.5, 25, 50, and 100 μg/mL) of DADS using trypan blue exclusion assay. Results: Data from this study exhibited a significant decrease in EAC-aliquot volume as well as total and alive EAC-cell number and a marked increase in dead EAC-cell number and percent in EAC-bearing mice treated with DADS as compared with EAC-bearing control. These changes were consistent with increased number of cells which exhibited phenotypic apoptotic signs marked by a decrease in the expression of anti-apoptotic protein Bcl-2, an increase of pro-apoptotic and cell cycle arrest mediator p53 and an elevation of DNA fragmenting indicator terminal deoxynucleotidyl transferase in EAC-bearing mice treated with DADS. In addition, the tumor marker sialic acid level was markedly decreased in plasma and Ehrlich ascites in EAC-bearing mice treated with DADS. In vitro, DADS also produced anti-proliferative and anti-tumor cytotoxic potentials against EAC. Conclusion: DADS may have anti-cancer effects which may be mediated via modulation of apoptosis and cell cycle arrest.

Key words: Anti-proliferative effects; apoptosis; diallyl disulfide; Ehrlich ascites carcinoma; imaging; semi-quantitative analysis

INTRODUCTION

Cancer still has a high mortality rate. Recently, considerable attention has been focused on identifying naturally occurring chemopreventive and chemotherapeutic substances capable of inhibiting, retarding or reversing the multistage carcinogenesis.[1] Thus, a preventive and/or therapeutic use of phytochemicals could open new avenues in the search for strategies against proliferation of tumor cells. It was found by many authors that numerous biologically active phytochemicals kill cancer cells by targeting epigenetic alterations that occur during carcinogenesis and by affecting the cell cycle which is tightly regulated by a series of cell cycle regulators.[2-3]

Organosulfur compounds of garlic including diallyl disulfide (DADS) exhibit a wide range of biological activities, including anti-mutagenic, anti-oxidant, anti-proliferative effects which could protect against critical events that are involved in the cancer process.[4-8] In addition, available epidemiologic evidence is consistent in showing a correlation between consumption of the high amount of garlic and a reduced risk of cancer, particularly colon cancer, at...
most sites. Moreover, many publications attributed the anti-carcinogenic properties of garlic principally to allyl sulfides, among them DADS, which was shown to suppress growth and facilitate the death of different tumor cells.

This study was designed to assess the anti-proliferative and anti-tumor cytotoxic efficacies against Ehrlich ascites carcinoma (EAC) (which corresponds to mammary adenocarcinoma in female mice) in vivo and in vitro. In addition, the apoptogenic effect of DADS was assessed via following the changes in the anti-apoptotic protein, Bcl-2 and apoptotic markers, p53 and terminal deoxynucleotidyl transferase (TdT) by immunohistochemical methods, imaging and semi-quantitative analysis. The experimental study was approved by review board of Beni-Suef University.

METHODS

Tested agent (DADS)
DADS (C\textsubscript{10}H\textsubscript{10}S\textsubscript{2}) was obtained from Fluka Chemie GmbH, Buchs, Switzerland (lot and filling code 427432/1 55004115). DADS was dissolved in dimethyl sulfoxide (DMSO) for in vivo and in vitro studies and was administered orally by gastric gavage at dose level of 100 mg/kg body weight (b.w.)/day for 2 weeks. Its structure is CH\textsubscript{2}═CH-CH\textsubscript{2}-S-S-CH\textsubscript{2}-CH═CH\textsubscript{2} as indicated in the previous publication.

Animals and EAC-bearing model
Normal albino mice were obtained from Animal House, Institute of Ophthalmology, Giza, Egypt. EAC-bearing stock mice were obtained from Cancer Biology Department, National Cancer Institute, Cairo University, Egypt. To induce EAC in mice for the experimental study, 0.2 mL EAC aliquot aspirated from stock mice was added to 9.8 mL saline (dilution is 1:50) and 0.2 mL of this diluted EAC was intraperitoneally administered by syringe into each mouse.

Animal grouping
The EAC-injected mice were divided into two groups each containing 12 animals. Mice in group 1 (control group) were administered 10% DMSO as a vehicle in a volume equivalent to that given to treated animals. Group 2 was treated with DADS, dissolved in 10% DMSO, at a dose of 100 mg/kg b.w. The treatments were orally applied by gastric intubation between 10 and 12 AM daily for 2 weeks beginning from the 1st day of EAC-intraperitoneal inoculation.

Animal survival
The number of animals survived in each group was determined at the end of the experiment and the survival percent in each group was calculated as follows: survival percent = (number of survived animals/total number of animals) × 100.

Sampling and detection of EAC-volume and cell number
At the end of the experimental period, animals were sacrificed under diethyl ether anesthesia and 0.2 mL saline was intraperitoneally injected. One minute later, EAC-aliquot was aspirated by a sterile syringe into a test tube. The volume of EAC-fluid for each mouse was measured. The number of alive and dead EAC-cells were determined using trypan blue exclusion assay. Alive and dead EAC-cells were counted by Neubauer hemocytometer. Briefly, 40 μL of EAC-aliquot was added to 4 mL 2% trypan blue (dissolved in 0.9% saline) and the mixture was left for 5 min. One drop from the mixture was taken on Neubauer hemocytometer and the number of stained cells (dead cells) and nonstained cells (viable or alive cells) were counted. Total number of EAC-cells and percent of dead EAC-cells were calculated for each EAC-bearing mouse. This procedure was adopted from the methods of Freitas et al. and Chandru et al.

Blood samples were obtained from carotid artery of each mouse into ethylenediaminetetraacetic acid (15%)-containing tubes under mild diethyl ether anesthesia and were centrifuged at 3,000 g for 15 min. The plasma was aspirated into Eppendorf tubes and kept in deep freezer at -30 °C until used for plasma sialic acid determination. One milliliter of EAC fluid from each mouse was homogenized in 2 mL saline (0.9% NaCl) and centrifuged at 3,000 g for 15 min. The supernatant was aspirated into Eppendorf tubes and kept in deep freezer at -30 °C until used for ascites sialic acid determination.

Part of EAC-aliquot from each tumor-bearing mouse was centrifuged at 3,000 g for 15 min and the precipitated EAC-cells were fixed in neutral buffered formalin for histological and immunohistochemical studies.

Determination of plasma and ascites sialic acid concentration
Plasma and ascites sialic acid level was determined according to the method of Warren. In this method, sialic acid is oxidized into formylpyruvic acid which reacts with thiobarbituric acid to form a pink color product. The color intensity measured at 549 nm is proportional to the concentration of sialic acid in the sample.

Histological and immunohistochemical investigations
The fixed samples were transferred to the Department of Pathology, National Cancer Institute for processing, blocking, sectioning and staining with hematoxylin and eosin or mounting on positive slides for immunohistochemical investigations. Sections mounted onto positive-charged slides (Fisher Scientific, Pittsburgh, PA, USA) were used to detect the Bcl-2 and p53 reactivity or apoptotic cells using
the TdT-mediated dUTP nick end labeling (TUNEL) assay. The TUNEL assay was performed using a kit (in situ cell death detection kit, Roche Molecular Biochemicals, Manheim, Germany) according to the protocol provided by the manufacturer; while Bcl-2 and p53 reactivity were determined following method of Gao and Zhou. Briefly, before the incubation with antibodies, endogenous peroxidase activity was quenched, slides washed and then incubated in a blocking solution of hydrogen peroxide 1% in methanol, in darkness for 15 min. Antigen retrieval occurred in citrate buffer 10 mmol/L, pH = 6.0. After cooling, sections were rinsed in tap water and then phosphate buffer saline (PBS). Primary antibodies for either Bcl-2 (DakoCytomation, USA) or p53 (Lab Vision Corporation, Fremont, CA, USA), diluted 1:150 and 1:100, respectively in PBS, were applied for 1 h at 37 °C. Secondary biotinylated antibody diluted 1:100 and 1:200 in PBS was applied for a period of 30 min at 37 °C. Streptavidin-biotin or avidin-biotin complex with horseradish peroxidase (ABC/HRP) was applied for 10 min at room temperature. Bound antibody complex was visualized by the reaction of 3, 3′-diaminobenzidine (DAB) substrate and counterstained with hematoxylin. Secondary biotinylated antibody, ABC/HRP and DAB were obtained from Zymed Laboratories (Invitrogen Immunoprotection, 561 Eccles Avenue, South San Francisco, CA, USA). Hematoxylin was obtained from Sigma Chemical Company, USA.

Imaging and semi-quantitative analysis of Bcl-2, p53 and terminal deoxynucleotidyl transferase
The yellowish brown colored stained area were analyzed in pixels; percent area and intensity were detected by ImageJ software, US National Institutes of Health, Bethesda, Maryland, USA (http://imagej.nih.gov/ij/).

Anti-tumor cytotoxicity against EAC-cells in vitro
The viability of cells as a result of 6 different concentrations (0, 6.25, 12.5, 25, 50, and 100 μg/mL) of DADS was tested by trypan blue exclusion assay according to the method of Ahmed and Ahmed. Briefly, EAC-cells at concentration 2.5 × 10⁵ cells/mL suspended in PBS were incubated at 37 °C for 2 h in the presence of different concentrations of DADS dissolved in dimethyl sulfoxide. At the end of incubation period, equal volume of trypan blue solution was added to sample cells, then the stained cells (dead cells) and unstained cells (alive cells) were counted using Neubauer hemocytometer. The percent of dead cells for each test was calculated.

Statistical analysis
Data were analyzed by one-way analysis of variance (ANOVA) followed by a least significance difference (LSD) test to compare the groups with each other. Data were expressed as mean ± standard error. Values with $P > 0.05$ are not significantly different while values with $P < 0.05$ and $P < 0.01$ are significantly and highly significantly different respectively. F-probability expresses the general effect between groups.

RESULTS

Effects on animal survival and mortality
After 2 weeks of EAC-intraperitoneal transplantation, 8 of 12 mice administered 10% DMSO as a vehicle survived; the survival percentage was 66.66%. The treatment of EAC-bearing mice with DADS markedly increased the survival percentage to reach 83.33% at the end of the experiment [Table 1].

Effects on EAC-fluid volume and cell number in vivo
The inhibitory effect of DADS on EAC-cells in vivo was tested in terms of EAC-fluid volume, number of total and alive EAC-cells, and number and percent of EAC-dead cells. The daily treatment of EAC-bearing mice with DADS for 2 weeks after EAC-cells intraperitoneal transplantation induced a significant decrease (LSD; $P < 0.05$) of EAC-fluid volume, number of total and alive EAC-cells. On the other hand, the number and percent of dead EAC-cells exhibited a potential increase (LSD; $P < 0.01$) as compared to EAC-bearing control counterparts. The ratio of EAC-fluid volume to total EAC-number was also highly significantly (LSD; $P < 0.01$) increased in EAC-bearing mice treated with DADS as compared with control mice [Table 1].

With regards to one-way ANOVA, it was found that the effect between groups on number of total and alive EAC-cells and percent of dead cells was very highly significant (F-probability; $P < 0.001$), while the effect on EAC-volume and number of dead cells was only highly significant ($P < 0.01$) [Table 1].

Effect on plasma and ascites sialic acid level in vivo
Plasma sialic acid level in EAC-bearing mice was highly significantly ($P < 0.01$; -35.05%) decreased as a result of treatment with DADS. The ascites sialic acid concentration was also highly significantly ($P < 0.01$; -28.49%) decreased in EAC-bearing mice treated with DADS as compared with EAC-bearing control [Table 2].

Histological and immunohistochemical effects on EAC-cells
As indicated by low and high magnification, EAC cells of EAC-bearing control female mice [Figure 1a and c] were characterized with abundant basophilic and dark stained cytoplasm as well as moderate sized nuclei. As a result of treatment with DADS [Figure 1b and d], EAC-cells decreased in number and size and appeared with a narrow rim of
light stained eosinophilic cytoplasm with azurophilic lytic bodies. Many EAC-cells, after treatment with DADS, exhibited apoptotic signs including shrinkage, blebbing plasma membrane, apoptotic bodies, nuclear chromatin compaction, and fragmenting nuclei. Between EAC-cells, there was a large amount of eosinophilic material or exudates.

After noticing that DADS induces EAC-apoptosis, the changes in anti-apoptotic protein Bcl-2 and pro-apoptotic mediator p53 as well as DNA fragmenting marker TdT were followed to determine the mechanism of EAC killing.

As indicated in Figure 2, the treatment of EAC-bearing mice with DADS induced a potential decrease of Bcl-2 expression (yellowish brown color) in the cytoplasm of EAC-cells [Figure 2b] as compared to the control [Figure 2a]. In contrast, p53 protein concentration was noticeably increased in the cytoplasm and nuclei of EAC-cells of DADS-treated mice [Figure 2d] as compared to the control [Figure 2c]. Similarly, TdT expression was remarkably increased in the nuclei of EAC-cells in DADS-treated mice [Figure 2f] as compared with the control counterpart [Figure 2e].

Data of imaging and semi-quantitative analysis

Imaging and semi-quantitative analysis results are represented in Figures 3 and 4.

Photomicrographs obtained from imaging analysis depicted that the amount of expressed Bcl-2 has clearly decreased in EAC-bearing mice treated with DADS [Figure 3b] as compared to EAC-bearing control mice [Figure 3a]. On the other hand, the expressed p53 [Figure 3d] and TdT [Figure 3f] are much higher in EAC-bearing mice treated with DADS than in those of the corresponding EAC-bearing controls [Figure 3c and e].

Table 1: Effect of DADS administration on animal survival percent EAC-aliquot volume, EAC-cells number and percent of dead cells in EAC-bearing mice

<table>
<thead>
<tr>
<th>Groups</th>
<th>Animal survival percent (%)</th>
<th>EAC-aliquot volume (mL)</th>
<th>Total EAC-cell number (×10⁷)</th>
<th>EAC-aliquot volume/total EAC-cell number (%)</th>
<th>Alive EAC-cell number (×10⁷)</th>
<th>Dead EAC-cell number (×10⁷)</th>
<th>Percent of dead EAC-cells</th>
</tr>
</thead>
<tbody>
<tr>
<td>EAC-bearing mice control (n = 8)</td>
<td>66.66</td>
<td>6.56 ± 0.49</td>
<td>121.31 ± 14.13</td>
<td>5.41 ± 0.63</td>
<td>118.33 ± 13.64</td>
<td>2.71 ± 0.23</td>
<td>2.36 ± 0.19</td>
</tr>
<tr>
<td>EAC-bearing mice treated with DADS (n = 10)</td>
<td>83.33</td>
<td>4.90 ± 0.19 **</td>
<td>51.81 ± 4.24 **</td>
<td>9.46 ± 0.61 **</td>
<td>48.09 ± 4.27 **</td>
<td>3.72 ± 0.19 **</td>
<td>7.61 ± 0.98 **</td>
</tr>
</tbody>
</table>

Table 2: Effect of DADS administration on plasma and ascites sialic acid concentration in EAC-bearing mice

<table>
<thead>
<tr>
<th>Groups</th>
<th>Plasma sialic acid concentration (mg/100 mL)</th>
<th>Percent change</th>
<th>Ascites sialic acid concentration (mg/g protein)</th>
<th>Percent change</th>
</tr>
</thead>
<tbody>
<tr>
<td>EAC-bearing mice control (n = 8)</td>
<td>91.72 ± 1.26</td>
<td>241.59 ± 11.77</td>
<td></td>
<td></td>
</tr>
<tr>
<td>EAC-bearing mice treated with DADS (n = 10)</td>
<td>59.57 ± 4.99 **</td>
<td>-35.05</td>
<td>172.74 ± 4.72 **</td>
<td>-28.49</td>
</tr>
</tbody>
</table>

Data are expressed as mean ± SE. **P < 0.01: highly significant; difference between two means is higher than the value of LSD at the 1% level. EAC: Ehrlich ascites carcinoma; DADS: diallyl disulfide; LSD: least significance difference; SE: standard error.
As indicated in Figure 4, the area in pixels, percent area and intensity of yellowish brown color of immunoreactive anti-apoptotic marker, Bcl-2, were remarkably decreased in EAC-bearing mice treated with DADS as compared to those of EAC-bearing control mice. In contrast, the area in pixels, percent area and intensity of yellowish brown color of immunoreactive apoptotic markers, p53 and TdT were potentially elevated in EAC-bearing mice treated with DADS as compared with those of EAC-bearing control mice.

**Effects on EAC cells in vitro**

Incubation of EAC-cells (2.5 $\times$ 10⁵/mL suspended in PBS) with 0, 6.25, 12.5, 25, 50, and 100 $\mu$g/mL of DADS (dissolved in DMSO) for 2 h produced 0, 16.5%, 35%, 70%, 90%, and 100% inhibition of cell viability, respectively. Thus, the effect seemed to be dose dependent and IC50 was 19.500 $\mu$g/mL [Table 3].
DISCUSSION

The goal of cancer chemoprevention is to slow, to block or to reverse the process of carcinogenesis. With regard to this principle, the study is a trial to evaluate the anti-tumor cytotoxicity effects of DADS against EAC \textit{in vivo} and \textit{in vitro}. In addition, the apoptogenic effects of this agent were assessed by investigating the histological changes and measuring some apoptotic and anti-apoptotic mediators by imaging and semi-quantitative analysis of immunohistochemically stained sections of EAC-cells.

The current \textit{in vivo} study revealed that DADS has a potential antiproliferative and cytotoxicity effect against EAC (a transplantable neoplasia from a malignant epithelium that corresponds to mammary adenocarcinoma) in EAC-bearing female mice.[14,21] This activity was confirmed by a significant decrease in EAC-aliquot volume and total and alive EAC-cell number, and a tremendous increase in dead EAC-cell count and percent as a result of treatment with DADS in comparison to a vehicle. The anti-tumor cytotoxicity of DADS was associated with an improved survival and increased the life span of EAC-bearing mice. The plasma and Ehrlich ascites tumor marker, sialic acid, was significantly decreased in EAC-bearing mice treated with DADS as compared to EAC-bearing control mice. These \textit{in vivo} results were supported by \textit{in vitro} study which indicated that DADS induced unexpected anti-proliferative and anti-tumor cytotoxicity effects against EAC-cells.

In concurrence with the present results, the sialic acid, the component of glycoproteins and glycolipids that constitute the cell surface, was reported to be shed or secreted by tumor cells leading to its increased level in blood of humans with cancer and in animal cancer models.[22] The sialic acid level in serum and plasma was reportedly decreased in C57BL/6 mice lung metastasis of B16F-10 melanoma cells[23] and in alloxan diabetic rats, [24] respectively. The anti-proliferative and apoptotic effects of DADS derived from \textit{Allium sativum} in different carcinomas both \textit{in vivo} and \textit{in vitro} were also elucidated by various authors.[25-27]

The histological findings of this study indicated that many cells seemed apoptotic, after treatment with DADS, as they were shrunk and had blebbing plasma membrane, apoptotic bodies and fragmenting nuclei which are considered as phenotypical or morphological signs of apoptosis.[28] In addition to these histological results, immunohistochemical results depicted that the expression of Bcl-2 working primarily by blocking apoptotic pathway,[29] was noticeably

\begin{table}[h]
\centering
\begin{tabular}{|c|c|c|c|c|c|c|}
\hline
\textbf{Compound} & \multicolumn{6}{|c|}{\textbf{Percentage of inhibition of cell viability (\%)} (\textmu g/mL)} \\
\hline
 & 0 & 6.25 & 12.5 & 25 & 50 & 100 \\
\hline
DADS & 0 & 16.5 & 35 & 70 & 90 & 100 \\
\hline
\end{tabular}
\caption{Effect of DADS, at various concentrations, on percent inhibition of EAC-cell viability \textit{in vitro}}
\end{table}
reduced while the pro-apoptotic and anti-tumor suppressor protein p53 causing cell cycle arrest of EAC-cells,\textsuperscript{[30-32]} was increased as a result of DADS treatment. The stimulating effect of DADS on the expression of p53 may result from inhibition of cyclin-dependent kinases.\textsuperscript{[33]} It was reported that p53 stimulation produced a dual effect on EAC-cells. It may upregulate the pro-apoptotic protein Bax on one hand and/or mediate growth arrest involving p21 as a major effector on the other.\textsuperscript{[33,34]} Similar to the effect on p53, the DNA fragmentation marker, TdT\textsuperscript{[35]} also increased as a result of treatment with the tested compound. From these findings, it can be suggested that the induced inhibition of EAC-cell growth and proliferation by DADS are due to induction of apoptosis and cell cycle arrest. These results and suggestion are in accordance with other several publications.\textsuperscript{[35-37]}

It was reported that in EAC-bearing mice, extensive formation of new capillary blood vessels (neovascularization or angiogenesis) provides more nutrients and oxygen supply to the highly divided EAC-cells leading to the induction of growth and proliferation.\textsuperscript{[38-40]} Thus, it should not be excluded that DADS may have anti-angiogenic effects which in turn may have a crucial role in anti-proliferative effects.\textsuperscript{[15]}

As suggested by Freitas et al.\textsuperscript{[14]} and Senger et al.\textsuperscript{,41] the production of ascitic extracellular fluid in Ehrlich carcinoma is said to occur due to increased capillary permeability present in the peritoneal cavity. This vascular change occurs due to increased receptor expression for autocrine motility factor (AMF).\textsuperscript{[16]} AMF link to its receptor induces angiogenesis and changes in endothelial cell morphology causing a subsequent increase in vascular permeability with increased amount of ascitic fluid\textsuperscript{[42]} in addition to the increasing number of proliferated cells. In the present study, the volume of EAC-aliquot relative to total cell count was increased as a result of DADS treatment. In our opinion, this means that the extra-cellular fluid volume was increased at the expense of EAC-cells which exhibited a greater rate of apoptosis and death after treatment with DADS. This assumption was supported by the present histological results which depicted increased extracellular exudates in EAC-bearing mice treated with DADS.

The present in vitro study indicated that DADS succeeded to produce amazing potential anti-tumor cytotoxicity and antiproliferative effects against EAC-cells. These results are in accordance with those obtained by many previous authors who found that DADS cause marked inhibition of HepG2 cell proliferation\textsuperscript{[43,44]} and HCT116 cell growth.\textsuperscript{[2,10]} The present results are also in accordance with in vivo studies of Ahmed et al.\textsuperscript{[45]} and Abdel-Aleem et al.\textsuperscript{[46]} who found that DADS had anti-tumor effects in liver and kidney of carbon tetrachloride-intoxicated rats. Different hypotheses have evolved to explain the mechanisms by which DADS produced its anti-carcinogenic effects. García et al.\textsuperscript{[47]} reported that DADS exerted its anti-carcinogenic effect by inhibition of cytochromes CYP2E, CYP2A6 and CYP1A1 and activation of UDP-glucuronyl-transferase. Knowles and Milner,\textsuperscript{[35]} Robert et al.\textsuperscript{[36]} and Oommen et al.\textsuperscript{[37]} stated that the anti-tumor effect of garlic may be due to the induction of apoptosis of tumor cells. Furthermore, Iciek et al.\textsuperscript{[48]} attributed the anti-cancer effects of DADS to both suppression of cell division (stimulation of cell cycle arrest) and induction of apoptosis in tumor cells. This latter postulation is concomitant with the present study, which revealed a decreased expression of anti-apoptotic protein Bcl-2 in cytoplasm and increased levels of pro-apoptotic and cell cycle arrest protein in cytoplasm and nuclei as well as increased concentration of DNA fragmentation marker TdT in nuclei of tumors cells after treatment with DADS as compared with vehicle. This attribution was supported by imaging and semi-quantitative analysis which revealed that the area in pixels, the percent area and the intensity of yellowish brown color of immunoreactive anti-apoptotic protein, Bcl-2, decreased while those of the yellowish brown colored immunoreactive apoptotic markers, p53 and TdT, increased.

In conclusion, DADS has effective anti-tumor potentials against EAC-cells in both in vivo and in vitro studies. These anti-tumor effects may be mediated via modulation of tumor cell cycle as well as the balance between pro-apoptotic and anti-apoptotic factors.

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