## **Supplementary Materials**

## Challenges in pediatric familial hypercholesterolemia management: insights from a survey in Shizuoka, Japan

## Satoru Iwashima<sup>1</sup>, Isao Miyairi<sup>2</sup>

<sup>1</sup>Department of Pediatrics, Chutoen General Medical Center, Kakegawa 436-8555, Japan.

<sup>2</sup>Department of Pediatrics, Hamamatsu University School of Medicine, Hamamatsu 431-3192, Japan.

**Correspondence to:** Dr. Satoru Iwashima, Department of Pediatrics, Chutoen General Medical Center, Syoubugauraike 1-1, Kakegawa 436-8555, Japan. E-mail: iwashima3617@gmail.com

Item Question		
Item 1	Age of the respondent	
Item 2	Status of pediatric specialist certification by the Pediatric Society or	
	other medical specialties	
Item 3	Necessity of a school-age screening system for familial	
	hypercholesterolemia (FH) (5-point scale)	
Item 4	Presence or absence of school-age FH screening in the respondent's	
nem 4	region.	
Item 5	Experience in diagnosing or managing FH	
Item 6	Current experience in managing families or pediatric patients with FH	
Item 7	Experience in treating pediatric FH patients	
Item 8	Perception of the prevalence of FH	
Item 9	Experience with FH-related diagnostic tests:	
	- Measurement of Achilles tendon thickness by ultrasound	
	- Measurement of Achilles tendon thickness by X-ray	

## Supplementary Table 1. Items included in the pediatric FH management survey.

	- Genetic testing for FH
	- Flow-Mediated Dilation (FMD)
	- Intima-Media Thickness (IMT) of the carotid artery
Item 10	Awareness of the coverage of FH-related genetic testing under
	Japanese health insurance since April 2022
Item 11	Willingness as a pediatrician to recommend FH-related genetic testing
	to families with FH
Item 12	Awareness of the 2022 Familial Hypercholesterolemia Guidelines and
	whether the respondent has followed the guidelines in clinical practice
Item 13	Awareness of whether FH-specialized hospitals or clinics, as
	recommended by the Japan Atherosclerosis Society, exist in Shizuoka
	Prefecture
Item 14	Willingness to refer patients to FH-specialized hospitals if available
Item 15	Additional comments (free text)