

Review

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# Antithrombotic therapy in patients undergoing transcatheter aortic valve replacement (TAVR): from current evidence to perspective

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## Abstract

The use of transcatheter aortic valve replacement (TAVR) for care of symptomatic severe aortic stenosis has increased over the last years; after initially treating patients at prohibitive or high surgical risk, nowadays the procedure can be considered for intermediate or low surgical risk. Although thrombotic events (ischemic stroke, myocardial infarction, and leaflet thrombosis) decreased in patients at lower risk, antithrombotic therapy after TAVR is still recommended. However, the optimal antithrombotic regimen is a still matter of debate due to the lack of randomized data and the concomitant increased risk of bleeding events. In the present review, we analyze current data, recommendations of international guidelines and consensus documents, and potential future scenarios with a rational approach of separation of patients with or without a pre-procedural indication for long-term oral anticoagulant therapy.

**Keywords:** Antiplatelet, anticoagulant, transcatheter aortic valve replacement



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## INTRODUCTION

Transcatheter aortic valve replacement (TAVR) can be considered as the treatment of choice in patients with severe symptomatic aortic stenosis (AS) at prohibitive or high surgical risk and as an alternative to surgical valve replacement (SAVR) in patients at lower risk<sup>[1]</sup>.

The growing of elderly population in Europe and US has increased the prevalence of AS over the last decades<sup>[2]</sup>; furthermore, positive results of clinical trials in patients at intermediate/low risk<sup>[1]</sup> and the evolution of device technologies are expected to lead to treating a larger number of patients both young and elderly with more comorbidities [Figure 1].

Patients undergoing TAVR can be considered by themselves at higher risk of thrombotic events for advanced age and comorbidities.

The currently available transcatheter aortic bioprostheses include different types of stents that work as a support for a xenograft tissue with three leaflets of porcine or bovine pericardium.

As for coronary stents, an endothelialization of the struts usually occurs within one month; however, this process is not present at the level of struts far from the aortic vessel wall, with a potential increased risk of embolic events related to this “incomplete endothelialization”. Furthermore, thrombosis can occur at the level of the leaflets<sup>[3]</sup>.

Therefore, peri- and post-procedural antithrombotic therapy is mandatory to prevent ischemic events, but its optimal regimen is still a matter of debate.

Table 1 reports the current recommendation of European and American guidelines for antithrombotic therapy after TAVR.

Briefly, based on a recent European position paper and the 2021 European guidelines, patients not requiring long-term oral anticoagulant therapy (OAC) and without recent coronary stent implantation (< 3 months) should be treated with single antiplatelet therapy (SAPT), aspirin (ASA), or clopidogrel; if there is an indication for OAC, a vitamin K antagonist (VKA) or a direct oral anticoagulant (DOAC) should be continued with no addition of single antiplatelet therapy (SAPT)<sup>[1-4]</sup>.

The American guidelines consider ASA 75-100 mg/daily as a reasonable treatment after TAVR without an indication for OAC (Class IIa); however, in patients at low risk of bleeding, dual antiplatelet therapy (DAPT) (ASA 75-100 mg/daily plus clopidogrel 75 mg/daily for 3-6 months) or a VKA with a target international normalized ratio (INR) of 2.5 for at least three months may both be considered after the procedure (Class IIb)<sup>[5]</sup>.

## THROMBOTIC AND BLEEDING RISK AFTER TAVR

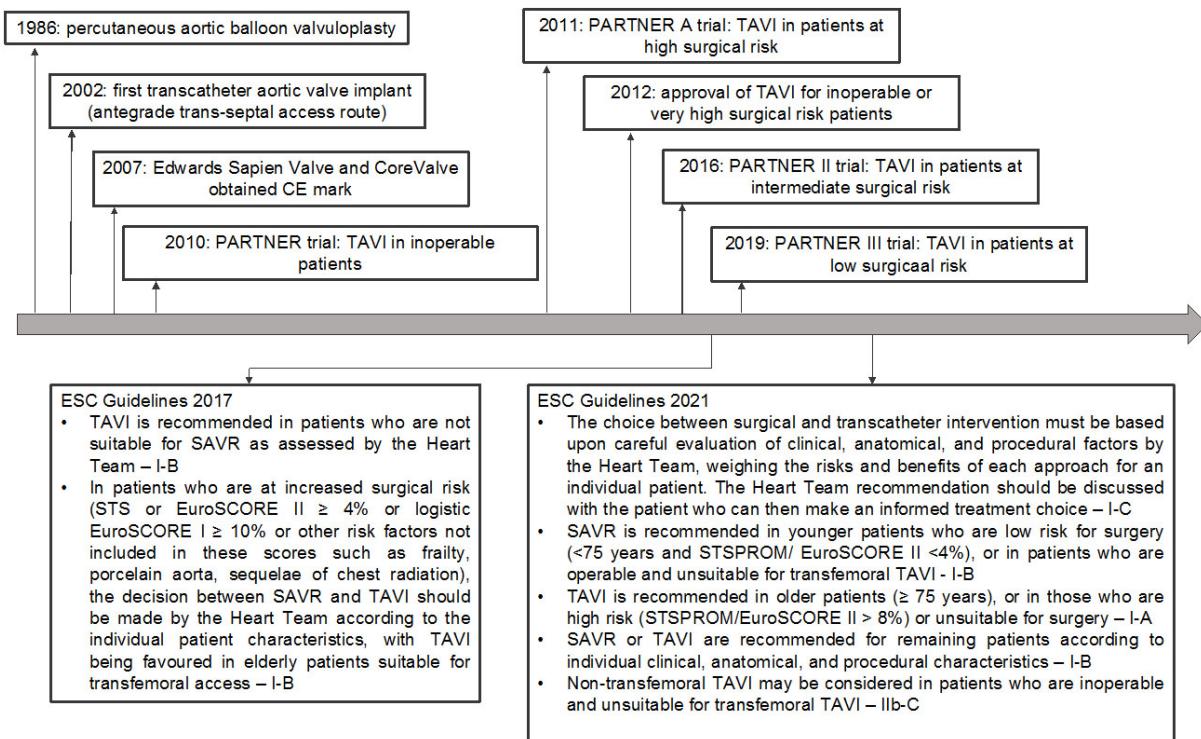
The main adverse thrombotic events occurring in patients undergoing TAVR are stroke, myocardial infarction (MI), and bioprosthetic valve thrombosis.

The incidence of cerebrovascular accidents ranges in different studies from 0% to 5%<sup>[6]</sup>, with a higher rate reported within the first months after the procedure<sup>[7]</sup>. Early events (< 1 month after procedure) are usually related to the embolization of debris from the aortic valve or the aortic wall<sup>[8]</sup>. Later events are more likely

**Table 1.** Current recommendations of European and American guidelines for antithrombotic therapy after TAVR<sup>[1,5]</sup>

	COR	LOE
<b>2021 ESC/EACTS Guidelines for the management of valvular heart disease</b>		
Oral anticoagulation is recommended lifelong for TAVR patients who have other indications for anticoagulation	I	B
Lifelong SAPT is recommended after TAVR in patients with no baseline indication for OAC	I	A
Routine use of OAC is not recommended after TAVR in patients with no baseline indication for OAC	III	B
<b>2020 ACC/AHA Guideline for the Management of Patients with Valvular Heart Disease</b>		
For patients with a bioprosthetic TAVR, aspirin 75 to 100 mg daily is reasonable in the absence of other indications for oral anticoagulants	2a	B-R
For patients with a bioprosthetic TAVR who are at low risk of bleeding, dual antiplatelet therapy with aspirin 75 to 100 mg and clopidogrel 75 mg may be reasonable for 3 to 6 months after valve implantation	2b	B-NR
For patients with a bioprosthetic TAVR who are at low risk of bleeding, anticoagulation with a VKA to achieve an INR of 2.5 may be reasonable for at least 3 months after valve implantation	2b	B-NR
For patients with bioprosthetic TAVR, treatment with low-dose rivaroxaban (10 mg daily) plus aspirin (75-100 mg) is contraindicated in the absence of other indications for oral anticoagulants	3	B-R

ESC: European Society of Cardiology; EACTS: European Association for Cardio-Thoracic Surgery; COR: class of recommendation; LOE: level of evidence; ACC: American College of Cardiology; AHA: American Heart Association; R: randomized; NR: nonrandomized; VKA: vitamin K antagonist; TAVR: transcatheter aortic valve replacement; OAC: oral anticoagulant therapy; SAPT: single antiplatelet therapy.

**Figure 1.** History of indications to TAVR: from prohibitive to low-intermediate risk.

related to patient risk factors such as age and comorbidities, mainly atrial fibrillation (AF)<sup>[7]</sup>.

About half of patients undergoing TAVR present a concomitant coronary artery disease (CAD); however, the rate of subsequent myocardial infarctions is low<sup>[9]</sup>.

Data on thrombosis of the bioprostheses are currently the most debated: thrombus can present as hypoattenuated thickening (HALT), as HALT with reduced leaflet motion (RLM), or as clinical thrombosis with increased transvalvular gradients. In the Evolut Low Risk trial analysis, including patients treated with surgical or transcatheter procedures, at one-year follow-up, HALT and RLM were detected with CT scan in 30.9% and 31% of cases treated with self-expanding transcatheter bioprostheses, respectively<sup>[10]</sup>. The clinical effects of these findings are uncertain and controversial; in some studies, it was associated with an increased rate of cerebrovascular events<sup>[11]</sup>.

Conversely, patients undergoing TAVR are at a concomitant increased risk of bleeding<sup>[12]</sup>. However, the rate of major bleeding in clinical trials has decreased over time with an incidence of about 20% in inoperable patients<sup>[13]</sup> and 7.7% in patients at low surgical risk<sup>[14]</sup>. The reduction of sheath size, the improved experience of operators, and the treatment of younger patients have led to a decrease in procedural bleeding events. Female sex, Society of Thoracic Surgeons (STS) score, chronic kidney disease, low hemoglobin at baseline, atrial fibrillation or flutter at baseline or 30 days, post-procedural moderate/severe paravalvular leak at 30 days, and a greater left ventricular mass have been reported as independent predictors of bleeding complications<sup>[12,15]</sup>.

Later major bleeding complications (> 30 days after procedure) occurred in about 6% of patients undergoing TAVR, with a gastrointestinal event in more than half of the cases<sup>[12]</sup>.

In real world, the incidence of bleeding was not different between access-site and non-access-site events, but the latter occurred later (> 30 days after procedure) in more cases. Even though both were associated with adverse outcomes, mortality was higher in patients who experienced a non-access-site event<sup>[15]</sup>.

**Table 2** summarizes rates of death, myocardial infarction, stroke, and bleeding events from the main randomized clinical trials according to surgical risk and type of bioprostheses (i.e., self-expandable vs. balloon-expandable valves).

## REVIEW OF CURRENT EVIDENCE

The first recommendation to administer a DAPT with ASA plus clopidogrel for 3-6 months after TAVR was extrapolated from the experience with coronary stents. Multiple subsequent studies and metanalyses have questioned this approach due to the increased bleeding risk associated with the use of DAPT<sup>[16-18]</sup>.

However, as many patients undergoing TAVR present a concomitant AF or received a prior percutaneous coronary intervention (PCI)<sup>[19]</sup> and are already receiving a tailored SAPT, DAPT, or OAC before a procedure, any further choice about antithrombotic therapy is challenging. Several trials have been designed to evaluate the best treatment regimen in these different settings.

### Patients without indication for long-term OAC [Table 3]

Ussia et al. first questioned the risk-benefit ratio of DAPT after TAVR<sup>[20]</sup>. Two small following randomized trials, the SAT-TAVI (single antiplatelet therapy for transcatheter aortic valve implantation) and ARTE studies (aspirin versus aspirin + clopidogrel following transcatheter aortic valve implantation), failed to show the benefit of DAPT compared to SAPT; furthermore, the use of DAPT was associated with an increased risk of major or life-threatening bleeding. Similar results have been obtained in subsequent meta-analyses<sup>[21]</sup>, and in one of them, DAPT was associated with increased mortality at 30 days (RR: 0.57;  $P = 0.014$ )<sup>[22]</sup>.

**Table 2. Rates of death from any cause, death from cardiovascular causes, myocardial infarction, major stroke, and major bleeding events divided by surgical risk and type of prosthetic valve**

Incidence (%)		
	PARTNER trial	CoreValve US pivotal trial
<b>High-risk patients</b>		
Death from any cause at 30 days	5%	3.3%
Death from any cause at 1 year	30.7%	14.2%
Death from cardiovascular causes at 30 days	4.5%	3.1%
Death from cardiovascular causes at 1 year	20.5%	10.4%
Myocardial infarction at 30 days	0%	0.8%
Myocardial infarction at 1 year	0.6%	1.9%
Major stroke at 30 days	5%	3.9%
Major stroke at 1 year	7.8%	5.8%
Major bleeding events at 30 days	16.8%	28.1%
Major bleeding events at 1 year	22.3%	29.5%
<b>Intermediate-risk patients</b>	<b>PARTNER 2 trial</b>	<b>SURTAVI trial</b>
Death from any cause at 30 days	3.9%	2.2%
Death from any cause at 2 years	16.7%	11.4%
Death from cardiovascular causes at 30 days	3.3%	2%
Death from cardiovascular causes at 2 years	10.1%	7.7%
Myocardial infarction at 30 days	1.2%	0.9%
Myocardial infarction at 2 years	3.6%	2.8%
Major stroke at 30 days	5.5%	3.4%
Major stroke at 2 years	9.5%	6.2%
Major bleeding events at 30 days	10.4%	12.1%
Major bleeding events at 2 years	17.3%	-
<b>Low-risk patients</b>	<b>PARTNER 3 trial</b>	<b>Evolut low risk trial</b>
Death from any cause at 30 days	0.4%	0.5%
Death from any cause at 1 year	1%	2.4%
Death from cardiovascular causes at 30 days	0.4%	0.5%
Death from cardiovascular causes at 1 year	0.8%	1.7%
Myocardial infarction at 30 days	1%	0.9%
Myocardial infarction at 1 year	1.2%	1.7%
Major stroke at 30 days	0.6%	3.4%
Major stroke at 1 year	1.2%	4.1%
Major bleeding events at 30 days	3.6%	2.4%
Major bleeding events at 1 year	7.7%	3.2%

Column 1: Balloon-expandable valves; Column 2: self-expandable valves.

Moreover, the BRAVO-3 trial (bivalirudin versus heparin anticoagulation in transcatheter aortic valve replacement) showed no benefit on thromboembolic events in patients undergoing TAVR with the administration of clopidogrel before or after the procedure; furthermore, pretreatment was associated with more vascular complications<sup>[23]</sup>.

Recently, the randomized clinical trial POPular-TAVI (aspirin with or without clopidogrel after transcatheter aortic valve implantation - Cohort A) confirmed that aspirin alone reduced bleeding compared with aspirin plus clopidogrel in 665 patients not requiring OAC (RR: 0.57; 95%CI: 0.42-0.77;  $P = 0.001$ )<sup>[24]</sup>. In addition, SAPT was non-inferior to DAPT with respect to the composite of cardiovascular death, ischemic stroke or MI (RR: 0.98; 95%CI for noninferiority, -4.7 to 4.3;  $P = 0.004$ ). These data support

**Table 3. Main trials investigating the best antithrombotic regimen after TAVR in patients without indication for long-term oral anticoagulant therapy**

	Incidence (%)		
	ASA	DAPT	p
<b>SAT-TAVI trial</b>			
Life-threatening bleeding at 30 days	5%	6.7%	n.s.
Major bleeding at 30 days	3%	3%	n.s.
Major Stroke at 30 days	1.7%	1.7%	n.s.
Cardiovascular Death at 30 days	3.3%	1.7%	n.s.
Major and minor vascular complications at 30 days	5%	13.3%	< 0.05
<b>ARTE trial</b>	ASA	Aspirin + clopidogrel	p
Life-threatening/major bleeding at 90 days	3.7%	10.9%	0.040
Myocardial infarction at 90 days	0.9%	3.6%	0.178
Stroke/TIA at 90 days	0.9%	2.7%	0.317
Death at 90 days	3.7%	6.4%	0.381
Combined endpoint at 90 days	7.3%	15.5%	0.060
<b>POPopular TAVI trial (cohort A)</b>	ASA	ASA + clopidogrel	p
All bleeding at 12 months	15.1%	26.6%	0.001
Non-procedure-related bleeding at 12 months	15.1%	24.9%	0.005
Cardiovascular death at 12 months	4.2%	3.9%	
Death from any cause at 12 months	6.3%	5.7%	
Stroke at 12 months	5.1%	5.7%	
Myocardial infarction at 12 months	1.2%	1.8%	
Major, life-threatening, or disabling bleeding at 12 months	5.1%	10.8%	
First composite secondary outcome - Noninferiority analysis	23%	31.1%	< 0.001
First composite secondary outcome - Superiority analysis	23%	31.1%	0.04
Composite of bleeding, death from cardiovascular causes, non-procedure-related bleeding, stroke, MI			
<b>GALILEO trial</b>	Rivaroxaban 10 mg (+ ASA for 3 months)	ASA (+ clopidogrel for 3 months)	HR (95%CI)
Primary safety outcome	5.6%	3.8%	1.50 (0.95 to 2.37)
Composite of VARC life-threatening, disabling, or major bleeding			
Primary efficacy outcome	12.7%	9.5%	1.35 (1.01 to 1.81)
Composite of death, stroke, myocardial infarction, symptomatic valve thrombosis, pulmonary embolism, deep-vein thrombosis, or systemic embolism			
Net clinical benefit	16.6%	12.2%	1.39 (1.08 to 1.80)
Composite of the primary efficacy and primary safety outcomes			
<b>ATLANTIS trial - stratum 2</b>	Apixaban 5 mg bid	Standard of care	HR (95%CI)
Primary outcome	16.9%	19.3%	0.88 (0.66-1.17)
Death, stroke, MI, systemic emboli, intracardiac or valve thrombosis, DVT/PE, major bleedings			
Primary safety endpoint	7.8%	7.3%	1.09 (0.69-1.69)
Life-threatening (including fatal) or disabling or major bleeding (BARC 4, 3a, b and 3c), as defined by Valve Academic Research Consortium-2 (VARC-2)			
<b>Low risk TAVR 2.0 trial</b>	ASA	Warfarin + ASA	p
All-cause death at 30 days	0%	0%	-
VARC 2 life-threatening or major bleeding at 30 days	4%	2.3%	0.64
All stroke and TIA at 30 days	4%	0%	0.18
Myocardial infarction at 30 days	0%	0%	-

DAPT: Dual antiplatelet therapy; TIA: transient ischemic attack; ASA: aspirin; MI: myocardial infarction; PE: pulmonary embolism; DVT: deep-vein thrombosis; BARC: Bleeding Academic Research Consortium; VARC-2: Valve Academic Research Consortium-2; NACE: net adverse cardiac events; SAT: single antiplatelet therapy; TAVI: transcatheter aortic valve implantation; TAVR: transcatheter aortic valve replacement; ARTE: aspirin versus aspirin + clopidogrel following transcatheter aortic valve implantation.

guideline indications about post-TAVR SAPT<sup>[1-5]</sup>.

The GALILEO (global study comparing a rivaroxaban-based antithrombotic strategy to an antiplatelet-based strategy after transcatheter aortic valve replacement to optimize clinical outcomes) trial investigated the use of low-dose rivaroxaban (10 mg) plus aspirin vs. DAPT for three months in patients without indication to OAC undergoing TAVR. The study was prematurely terminated due to the higher risk of all-cause death, thromboembolic complications, and bleeding (major, life-threatening, or disabling) in patients receiving rivaroxaban plus aspirin<sup>[25]</sup>.

The ATLANTIS (anti-thrombotic strategy to lower all cardiovascular and neurologic ischemic and hemorrhagic events after trans-aortic valve implantation for aortic stenosis) trial investigated apixaban in 1510 patients undergoing TAVR: comparators were VKA in patients with indication to long-term OAC (Stratum 1749 patients) and SAPT or DAPT in patients without indication to long-term OAC (Stratum 2751 patients). At one-year follow-up, in Stratum 2, apixaban was not superior to SAPT or DAPT in terms of primary efficacy and safety outcomes and resulted in higher non-cardiovascular mortality (HR: 0.88)<sup>[26,27]</sup>.

In a recent study, 94 low-risk patients treated with TAVR and not requiring long-term OAC were randomized to SAPT or aspirin plus VKA. The primary composite endpoint (HALT, moderately RLM, valve hemodynamic dysfunction with mean aortic valve gradient  $\geq 20$  mm Hg, effective orifice area  $\leq 1.0$  cm $^2$ , dimensionless valve index  $< 0.35$ , moderate-severe aortic regurgitation, stroke, or TIA) was significantly higher in patients receiving only aspirin (26.5% vs. 7.0%; OR: 4.8;  $P = 0.014$ ), with no differences in terms of bleeding. These data suggest a potential benefit of OAC in patients at lower risk<sup>[28]</sup>, but they need to be confirmed in larger studies.

In summary, current evidence does not support the use of OAC (DOAC or VKA) in patients undergoing TAVR with no preexisting indication.

#### **Patients with indications for long-term OAC**

Based on their comorbidities, most patients with AF undergoing TAVR have an indication to receive an OAC for the value of CHA<sub>2</sub>DS<sub>2</sub>-VASc score. The beneficial effect on reduction of peri-procedural thromboembolic events of OAC is still unknown; however, the continuation of OAC (VKA or DOAC) before TAVR was found to be safe in terms of bleeding and vascular complications<sup>[29]</sup>.

In patients with a pre-procedural indication for OAC, the addition of antiplatelet therapy offers the theoretical advantage of preventing thrombus formation on struts of bioprostheses, but several observational studies showed the safety and efficacy of an OAC-alone strategy, with both VKA and DOAC [Table 4]<sup>[30-32]</sup>.

Furthermore, the randomized POPular-TAVI trial (Cohort B) that investigated the safety and efficacy of VKA plus clopidogrel (for three months) versus VKA alone showed a higher rate of nonprocedural bleeding in the first group (34% vs. 21.7%; RR: 0.63;  $P = 0.01$ ) with no benefit on CV death, stroke, or MI<sup>[33]</sup>.

**Table 4. Main trials investigating the best antithrombotic regimen after TAVR in patients with indication to long-term oral anticoagulant therapy**

Incidence (%)			
	VKA	VKA + clopidogrel	p
<b>POPular TAVI trial (cohort B)</b>			
All bleeding at 12 months	21.7%	34.6%	0.01
Non-procedure-related bleeding at 12 months	21.7%	34.0%	0.02
Cardiovascular death at 12 months	8.3%	12.8%	
Death from any cause at 12 months	13.4%	15.4%	
Stroke at 12 months	5.7%	5.8%	
Myocardial infarction at 12 months	0.6%	0.6%	
Major, life-threatening, or disabling bleeding at 12 months	8.9%	16.7%	
Secondary composite 1 event- Noninferiority analysis	31.2%	45.5%	
Secondary composite 1 event - Superiority analysis	31.2%	45.5%	
Composite of death from cardiovascular causes, non-procedure-related bleeding, stroke from any cause, or MI			
<b>ATLANTIS trial - stratum 1</b>			
	<b>Apixaban</b>	<b>VKA</b>	<b>HR (95%CI)</b>
Primary outcome	21.9%	21.9%	1.02 (0.68 to 1.91)
Death, stroke, MI, systemic emboli, intracardiac or valve thrombosis, DVT/PE, major bleedings			
Primary safety endpoint	10.3%	11.4%	0.92 (0.52 to 1.60)
Life-threatening (including fatal) or disabling or major bleeding (BARC 4, 3a, b and 3c), as defined by Valve Academic Research Consortium-2 (VARC-2)			
<b>ENVISAGE-AF</b>			
	<b>Edoxaban</b>	<b>VKA</b>	<b>HR (95%CI)</b>
Primary efficacy outcome	17.3%	16.5%	1.05 (0.85 to 1.31)
Net adverse clinical events (death from any cause, MI, ischemic stroke, systemic thromboembolic event, valve thrombosis, or major bleeding)			
Primary safety outcome	9.7%	7.0%	1.40 (1.03 to 1.91)
Major bleeding (ISTH definition)			

DAPT: Dual antiplatelet therapy; TIA: transient ischemic attack; ASA: aspirin; MI: myocardial infarction; PE: pulmonary embolism; DVT: deep-vein thrombosis; BARC: Bleeding Academic Research Consortium; VARC-2: Valve Academic Research Consortium-2; ISTH: International Society on Thrombosis and Hemostasis; TAVR: transcatheter aortic valve replacement; VKA: vitamin K antagonist.

Data obtained from the France-TAVI and FRANCE-2 registries, linked with the nationwide administrative databases and analyzed after a propensity score matching, report that the use of DOAC was associated with lower mortality and major bleeding compared to VKA at three years with no difference in terms of ischemic stroke and acute coronary syndromes<sup>[34]</sup>.

The ATLANTIS trial (Stratum 1) randomized 451 patients with OAC indication to apixaban or VKA. In this setting, no differences were noted in terms of primary outcome (21.9% vs. 21.9%; HR: 1.02), primary safety endpoint (10.3% vs. 11.4%; HR: 0.92), or any secondary endpoint<sup>[27]</sup>.

Recently, the ENVISAGE-AF trial (edoxaban compared to standard care after heart valve replacement using a catheter in patients with atrial fibrillation) compared edoxaban vs. VKA in patients requiring long-term OAC after TAVR. Edoxaban was noninferior to VKA for composite primary efficacy outcome, but it was associated with a higher rate of major bleeding (mainly gastrointestinal bleeding)<sup>[35]</sup>.

Observational data show neutral results regarding the thromboembolic risk associated with DOAC post-TAVR, but a German registry demonstrated higher all-cause mortality, MI, and cerebrovascular events at

one year compared to VKA<sup>[36]</sup>.

Therefore, evidence supporting DOAC over VKA in AF patients undergoing TAVR is still lacking. As expected, in patients with AF and recent PCI undergoing TAVI, the choice of optimal antithrombotic regimen is even more complex. In the absence of direct evidence, the duration of dual therapy should follow post-PCI recommendations. Based on individual thrombotic and bleeding risk, current guidelines recommend the combination of DOAC plus clopidogrel with a very short period of aspirin (maximum six months, only in patients with high thrombotic risk)<sup>[37]</sup>.

The evidence of the best antithrombotic regimen in patients with or without indication for OAC is summarized in [Figure 2](#).

#### **Valve deterioration or leaflet thrombosis**

Thrombosis contributes to the deterioration of bioprosthetic valves after both SAVR and TAVR<sup>[38,39]</sup>, with the incidence increasing over the years.

Based on the available data, a subclinical leaflet thrombosis of the bioprosthesis was detected with CT scan in about 20%-30% at one year from TAVR, and its association with an increase in cerebrovascular events remains controversial<sup>[10,40]</sup>.

Even if the clinical impact of HALT and RLM is questionable, selective use of oral anticoagulants should be considered<sup>[1]</sup>, as a lack of OAC prescription at hospital discharge after TAVR was an independent predictor of bioprosthetic valve deterioration detected with echocardiogram<sup>[41]</sup>.

In the French TAVI registry, a prescription of OAC at hospital discharge was associated with a reduction of dysfunction of the bioprostheses<sup>[42]</sup>.

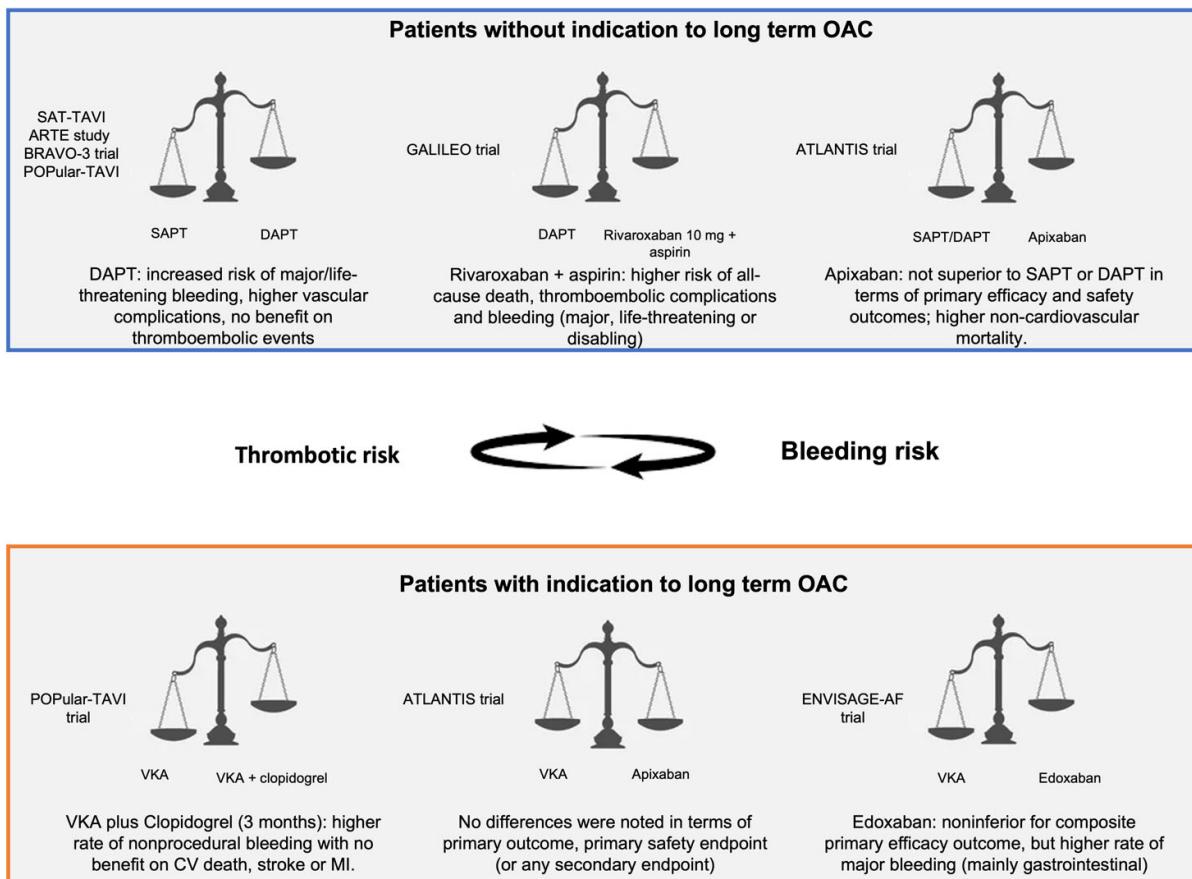
Although the prescription of OAC after TAVR seemed to improve the motion of the leaflets and reduce their thrombosis, the controversial data for clinical events associated with this therapy, especially regarding DOAC, require further investigation.

In a 4D-CT analysis of the ATLANTIS study presented at American College of Cardiology 2021, HALT and RLM were lower with apixaban compared to antiplatelets in patients without indication for OAC, but this was not associated with better clinical outcomes<sup>[43]</sup>. Low-dose rivaroxaban achieved similar results in the GALILEO 4D substudy<sup>[44]</sup>.

#### **FUTURE DIRECTIONS**

As yet explained, in some patient subsets, robust clinical trial evidence is still lacking and actual recommendations are guided by expert opinion or findings derived from observational or small randomized studies. Although it might be supposed that in some settings such as valve-in-valve an aggressive antithrombotic therapy including OAC is required, it should be demonstrated in a specific randomized study.

Furthermore, no evidence on different antithrombotic therapies based on the type of implanted bioprostheses (balloon or self-expandable) is available.



**Figure 2.** Central illustration: the best antithrombotic regimen in patients with or without indication to long-term oral anticoagulant therapy. OAC: Oral anticoagulant; SAPT: single antiplatelet therapy; DAPT: dual antiplatelet therapy; VKA: vitamin K antagonist; CV: cardiovascular; MI: myocardial infarction.

Several other randomized trials examining the safety and efficacy of various antithrombotic regimens are ongoing. For instance, TICTAVI (NCT02817789) and PTOLEMAIOS (NCT02989558) are randomized trials comparing ticagrelor (with or without aspirin) versus standard DAPT in TAVR patients.

Further data on valve thrombosis prevention will soon be available from the ongoing ADAPT-TAVR trial (anticoagulant *versus* dual antiplatelet therapy for preventing leaflet thrombosis and cerebral embolization after transcatheter aortic valve replacement) comparing edoxaban versus DAPT with aspirin and clopidogrel for six-month incidence of leaflet thrombosis and cerebrovascular events in patients without indication for OAC<sup>[45]</sup>.

As a limitation of our effort, a critical approach of different treatments within each trial is lacking; however, it appears very difficult to carry out, because all included patients have been stratified based on requirement or not of long-term OAC.

In our opinion, future clinical trials should be focused on both baseline patients' risk profiles (thrombotic and hemorrhagic, as done for DAPT duration after coronary stent implantation) and specific procedural settings, such as valve-in-valve.

## CONCLUSION

The optimal antithrombotic therapy after TAVR is still a matter of debate. However, based on current evidence, a single antiplatelet therapy can be considered the first-line treatment in patients not requiring long-term OAC and without recent coronary stent implantation. Conversely, VKA or DOAC alone should be continued without antiplatelet therapy after the procedure when there is an indication for OAC.

## DECLARATIONS

### Authors' contributions

Made a substantial contribution to present paper: Mauri S, Lanzillo G, Ferlini M

### Availability of data and materials

Not applicable.

### Financial support and sponsorship

None.

### Conflicts of interest

All authors declared that there are no conflicts of interest.

### Ethical approval and consent to participate

Not applicable.

### Consent for publication

Not applicable.

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