

Tissue-engineered constructs for peripheral nerve repair: current research concepts and future perspectives

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ABSTRACT

Traumatic injuries resulting in peripheral nerve lesions lead to important morbidity with devastating social and economic consequences. When the lesioned nerve cannot be sutured directly, a nerve graft is generally required to bridge the gap. Although autologous nerve grafting is still the first choice for reconstruction, it has the severe disadvantage of the sacrifice of a functional nerve. Research in tissue engineering and nerve regeneration may have a dramatic impact on clinical and surgical treatment of such nerve lesions. The authors review the latest concepts in tissue engineering for nerve repair, including scaffold engineering of neural guides, biomaterial modification, cell therapy, growth factors delivery, and electrical stimulation. Recent literature is reviewed in detail, pointing out the most interesting present achievements and perspectives for future clinical translation. Electronic search of the literature was performed using MEDLINE, Embase, and the Cochrane Library to identify research studies on peripheral nerve regeneration through tissue-engineered conduits. The following medical subject headings were used to carry out a systematic search of the literature: “nerve regeneration”, “stem cells”, “biomaterial”, “extracellular matrix”, “functional regeneration”, “growth factors” and “microchannels”. Included literature was published between 1991 and 2014. The reference lists from the retrieved articles were also reviewed for additional articles. In total, 76 articles were included in this study.

Key words:

Cell transplantation, extracellular matrix, growth factors, nerve guidance conduit, peripheral nerve repair, surface modification

INTRODUCTION

The success of repair after peripheral nerve injury depends on the type and the extension of the trauma. In the event of nerve compression or sheath loss, the structural elements in the nerve tissue are preserved,

and injury recovery can occur without surgery. However, severe trauma can cause the complete disruption of the nerve (neurotmesis), resulting in the complete loss of continuity and function.^[1]

The two segments generated after nerve transection retract, and edema occurs at the distal stump. The latter starts to swell and degenerates within hours in a process known as “Wallerian degeneration”.^[2] The regeneration process takes place at the proximal stump, where the axon soma is still included, forming the growth cone that expands toward the distal stump to bridge the gap.

When nerves are severed, and denervation occurs, the longer the lag time reinnervation, the worse the functional recovery.^[3] Long denervation time, as clinically seen in

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brachial plexus injuries, causes complete atrophy of target tissues, followed by fibrosis and fragmentation of motor fibers.

The current “gold standard” in peripheral nerve surgeries is an autograft, which is defined as the interposition of autologous nerve segments (typically from the leg or the forearm). Despite the ideal core structure provided by the autologous tissue transferred, autografts allow only partial functional recovery, involve double surgery and cause donor tissue morbidity, calling for tissue engineered solutions to overcome these inconveniences.

A nerve guidance conduit (NGC) is a valid alternative to autograft, providing a confined environment for the entire regenerative process. NGC can be made of both natural and artificial materials. Its chemical and physical properties can be optimized to achieve the best performance in terms of tissue regeneration and inflammatory response, as illustrated by several reviews.^[4,6] However, despite the number of proposed engineered materials, the functional recovery after conduit repair of peripheral nerve injuries still fails where long (> 3 cm) gaps are created.

In the last decade, researchers have focused on different approaches to control and guide the regeneration of the injured tissue. The most promising options will be discussed below, including modification of the inner lumen architecture, transplantation of glial/stem cells (SCs), inclusion of extracellular matrix (ECM) components and neurotrophic factors [Figure 1].

INTRALUMINAL ARCHITECTURE

The importance of designing new NGC has been raised in the last decade. Topography of the inner lumen can dramatically affect the ability of both the nerve to regenerate across the gap and the endogenous cells to migrate and proliferate along the structure to modulate production and release of neurotrophic factors. Using

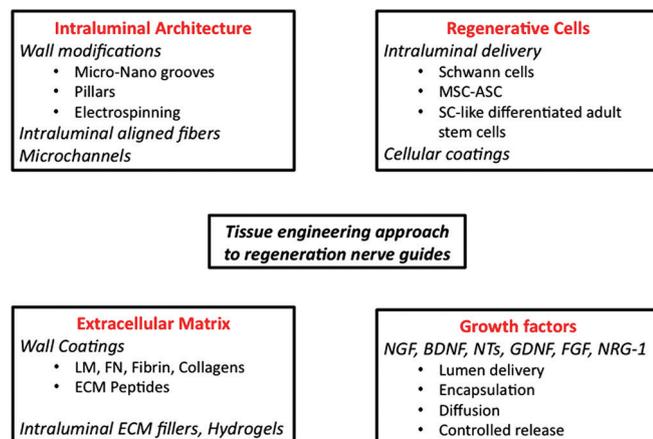


Figure 1: Different tissue engineering approaches to improve nerve conduits for peripheral nerve regeneration. MSC: Mesenchymal adult stem cells, ASC: Adipose-derived adult stem cells, LM: Laminin, FN: Fibronectin, ECM: Extra cellular matrix, NGF: Nerve growth factor, BDNF: Brain-derived neurotrophic factor, NTs: Neurotrophins, GDNF: Glial-derived neurotrophic factor, FGF: Fibroblast growth factor, NRG-1: Neuregulin 1

features from micro- to nanoscale, several surface modifications have been performed in order to simulate the organized native structure of the neuronal tissue, including micro- or nanogrooves to direct SC and neurite alignments in a mechanism also known as “conduct guidance”, micro-pits and pillars.^[7,8] Microgrooves triggered SC alignment and migration along the pattern direction,^[9-11] simulating the organized structure of the glial cells when forming the bands of Büngner. Another technique commonly used to recreate longitudinal patterns in the conduit lumen is electrospinning, which allows the fabrication of micro- or nanofibrous conduits. Nerve conduits fabricated with electrospun aligned fibers influence cell migration and nerve fiber alignment after regeneration.^[7] Aligned micro-^[12] and submicro-^[13] electrospun fibers were compared to a random fiber configuration in an *in vivo* study, with the oriented topography stimulating axon outgrowth and glial cell migration along the direction of the fibers. Moreover, variations in fiber diameter and distribution have been shown to affect both the permeability and the porosity of the neural tube, finally influencing cell response.^[4]

A different approach to alter the architecture of nerve conduit guidance is to fill the empty tube with oriented intraluminal frameworks or filaments, characterized by a larger total surface area compared to a bare conduit. However, these fillers may hinder the regenerative process, and it is necessary to accurately control their “packing density” and distribution, which may have a large impact on the final ability of the nerve to regenerate.

Thin films of polyacrylonitrile-co-methyl acrylate composed of aligned fibers were inserted into the lumen of polysulfone conduits and compared to randomly aligned fibers and smooth films in a short-term *in vivo* study using a rat model.^[14] Nerve regeneration was accelerated in conduits containing the aligned fibrous film, resulting in higher levels of myelination and muscle reinnervation when compared to the other groups. This could be due to a high directionality and alignment of endogenous SC, which are involved in the formation of the new tissue and the myelination of the regenerated axons.

Microchannel elongating across the length of the tube is an alternative lumen modification to guide axonal growth in a confined environment. Agarose multi-channel conduits were shown to allow axonal growth after injury, and vascularization occurred after 10 weeks *in vivo*.^[15] In a recent study, a silicon-based conduit containing 24 micro-fabricated parallel channels with a diameter of 130 μm allowed the regeneration of the nerve across the injury gap in a rat model, resulting in 85% axon myelination.^[16] It was demonstrated that innervation was unsuccessful at the external ring of the concentric microchannels while all the remaining channels were filled with neuronal tissue and blood vessels. When cells were preloaded in microchannel conduits, the internal guides also helped the seeding and increased the availability of the cells, with enhanced outcomes.^[17] Interestingly, when similar multichannel structures were created with fibrin,

no differences in terms of regeneration between numbers and diameters of the channels were observed.^[18]

In addition to providing a physical path for the regenerative process, microchannels also act as “axonal signal amplifiers” when applied in nerve stimulating-recording devices. The electrical resistance of the intracellular medium is increased by the constricted environment, and the recorded signal of the extracellular potential is therefore amplified when specific electrodes are embedded in the structure, according to Fitzgerald *et al.*,^[19] Microelectrodes arrays are in fact commonly used to record neural activity during the regeneration process at the injury site. New technological frontiers have allowed researchers to fabricate stretchable electrodes to better conform and deform along the tubular nerve conduit, responding more anatomically to the physical stress which conduits undergo *in vivo* and reducing the inflammatory response.^[16,20]

INFLUENCE OF EXTRACELLULAR MATRIX MOLECULES AND FILLERS

Peripheral nerves have the potential to regenerate after injury, as opposed to the central nervous system. This is mainly attributed to the presence of SC basement membranes rich in ECM components, such as laminin (LM) and fibronectin (FN), which promote axonal regeneration in the peripheral nervous system. The ECM milieu of the regenerating nerve is not simply a passive scaffold for regrowth, as its molecules can synergistically signal with growth factors and growth cone molecules to influence regrowth.^[21] LM, fibrin, FN and collagen are the main ECM proteins used as coatings for peripheral nerve repair. ECM molecules such as LM,^[22] FN^[23,24] and collagen^[25] have been shown to enhance axonal regeneration when incorporated into nerve guidance channels.^[26]

Alternatively, FN- and LM-derived peptide moieties, such as RGD (Arg-Gly-Asp),^[27,28] IKVAV (Ile-Lys-Val-Ala-Val),^[29,30] and YIGSR (Tyr-Ile-Gly-Ser-Arg),^[31] have been recognized to trigger specific interactions between neural cells and the accordingly modified substrate.

Different from coatings, ECM proteins have been used for the formation of gels or matrices as intraluminal fillers of NGCs, such as fibrin gels, shown interesting results in terms of regeneration.^[32] However, this ECM protein maintains SC in a nonmyelinating state^[33] and therefore, the degradation time of the gel should be optimized in order to trigger axon myelination in due time during regeneration.

Another composite hydrogel containing collagen and hyaluronan, with or without growth factors, was used in combination with poly(L-lactide-co-caprolactone).^[34] Both the compound muscle action potential and the muscle recovery were improved when compared to the empty control, while no differences were observed in presence or absence of nerve growth factor (NGF).

For a detailed review on the effect of ECM components on peripheral nerve regeneration, readers are advised to consult a recent publication.^[35]

CELL TRANSPLANTATION

Cell-based therapy is considered a valid approach to stimulate and enhance the regeneration of the injured nerve, overcoming the delayed recruitment and response of endogenous SC at the injury site, and therefore reducing their progressive atrophy *in vivo*. SC have been either injected at the injury site or preseeded in the nerve conduit,^[36,37] with high rates of successful axon regeneration and myelination. In addition, various growth factors expression in SC can be induced as needed for the specific purpose. Prior studies have presented successful transfections of SC with either fibroblast growth factor (FGF)^[38] or NGF,^[39] both stimulating nerve repair in an injury rat model. Recently, SCs were transplanted *ex vivo* before implantation in order to investigate the impact of brain-derived nerve factor (BDNF), ciliary neurotrophic factor (CNTF), and neurotrophin 3 (NT-3) on nerve regeneration and recovery. The result was a significant improvement of axon outgrowth and myelination,^[40] with cells remaining viable for up to 8 weeks *in vivo*. However, the harvest of autologous SC involves a significantly debilitating biopsy from the patient. In addition, SC adhesion and proliferation are considerably slower when compared to cells cultured *in vitro* (requiring for instance the precoating of each culture substrate), resulting in long culture time in order to achieve a suitable number for therapeutic uses.

Stem cells have become very attractive in tissue engineering and regenerative medicine due to their ability to self-renew and differentiate into most cell phenotypes.^[41] Mesenchymal SCs (MSCs) are derived from bone marrow stromal progenitors and have been demonstrated to be able to trans-differentiate into several cell lineages, including osteoblasts, chondrocytes, endothelial cells, myocytes, neurons, and glial cells. In particular, when MSC are differentiated into SC-like cells, they are able to express the characteristic glial markers and enhance peripheral nerve regeneration *in vivo* by improving myelination of axons and increasing regeneration distances.^[42]

Undifferentiated MSC was preseeded in a chitosan conduit in an *in vivo* study for 6 weeks using a rat model, with successful regeneration similar to autografting.^[17] In addition, these cells were used in a monkey model to repair a 50-mm median nerve defect in a long-term *in vivo* experiment.^[43] Cells were injected directly after implantation at the proximal stump to overcome the deficit of local SC, resulting in enhanced regenerative properties compared to the nonseeded conduits. Similar outcomes comparable to autografts were then assessed in a dog model, bridging a 50-mm sciatic nerve gap with successful muscle reinnervation.^[44] Signs of local transdifferentiation into an SC-like phenotype were observed after 8 weeks postimplantation by Oliveira *et al.*,^[45] resulting in higher formation of myelinated and unmyelinated axons, as well as blood vessels, when compared to empty conduits.

Alternatively, SCs can be isolated from white adipose tissue using liposuction to avoid invasive procedures.^[46,47] Like MSC, adipose-derived SCs (ASCs) are able to differentiate into a SC phenotype, and their characteristic elongated spindle-shaped morphology has been confirmed through microscopy.^[47-49] Their ability to express specific glial-markers, that is, S-100, p75 and glial fibrillary acidic protein,^[50,51] as well as the protein PO responsible for the myelin formation,^[51] has also been demonstrated. Finally, differentiated ASC (dASC) are able to express the neuronal-associated protein nestin,^[48,50,51] as well as the neuron-specific enolase and the neuron-specific protein.^[48]

When undifferentiated ASC were preloaded in polycaprolactone conduits to investigate their effect on axonal outgrowth, it was observed that they were able to prevent neuron apoptosis by up-regulating the expression of anti-apoptotic BCL-2 and down-regulating the expression of caspase and BAX.^[52] These results were comparable to N-acetylcysteine treatments, which guarantee the preservation of cell signaling and survival as previously demonstrated.^[53-55] Both ASC and dASC have been frequently used for transplantation in NGC to repair injury gaps, although different and sometimes conflicting results have been observed due to the various experimental conditions.^[56-59] Signs of *in vivo* transdifferentiation of undifferentiated SCs into an SC-like phenotype have been also observed, further stimulating interest in using ASC for peripheral nerve repair.^[59] However, depending on the scaffold used, the viability of the preloaded cells can be strongly affected, reducing the initial beneficial effect of the cell therapy.^[56] All of these results suggest the potential use of ASC (or dASC) in peripheral nerve repair, substituting SC.

The ultimate strategy in cell therapy is the formation of tissue engineered nerve grafts with the application of an intraluminal “cellular coating” composed of co-cultured SC and dorsal root ganglia, which are able to release and up-regulate the production of neurotrophic factors in the lumen over time. Long-term results of up to 12 weeks have shown a significant ability to regenerate the nerve comparable to nerve grafts.^[60] An even more advanced development would be the fabrication of scaffoldless neural conduits providing a confined environment without using polymeric structures, as proposed by Adams *et al.*,^[61] In their study, their group attempted to construct a nerve guide using a monolayer of ASC differentiated into fibroblasts co-cultured with neurospheres. This system supported the *in vivo* expression of growth factors, such as FGF, ascorbic acid, epidermal growth factor, and transforming growth factor (TGF)- β 1, which induced the transdifferentiation of the SCs into SC-like cells.^[61]

GROWTH FACTORS AND THEIR RELEASE IN NERVE GUIDANCE CONDUIT

Neurotrophic factors belong to the family of growth factors, and they are produced by SCs during Wallerian degeneration after injury.^[62] Acting through their receptors, neurotrophic factors are involved in the

neuronal activity, promoting nerve regeneration.^[63,64] In addition, their expression is strictly dependent on time after axotomy, which biases the regenerative capacity of axons, as well as the supporting activity of SCs.^[3]

Neurotrophins constitute one of the most important family of factors, including NGF, BDNF, NT-3, and NT-4/5.^[65] After release, a density gradient of factors is formed around regenerating axons.^[62] NGF is the one of the most important NTs involved in nerve regeneration and is up-regulated rapidly in the distal stump after injury.^[66] It is able to promote the survival and outgrowth of sensory neurons, although NGFs are not involved in the motor neuron response.^[65] BDNF is up-regulated in denervated SCs in order to allow myelination and nerve regeneration.^[66] It is involved in the outgrowth of both sensory and motor neurons.^[62,65] Finally, NT-3 and NT-4/5 promote survival of both motor and sensory neurons.

Besides NTs, other neurotrophic factors are involved in the regenerative process of nerves. CNTF is a neurokinine protein down-regulated after injury,^[65] implicated in motor neuron survival,^[63] outgrowth and sprouting.^[65] Moreover, glial cell line-derived neurotrophic factor (GDNF),^[64,66] FGF,^[62,65] neuregulin-1,^[64,66] and leukemia inhibitory factor^[63,64] also play an important role in peripheral nerve regeneration. Finally, TGF- β is necessary for the nonmyelinating status of SCs during the proliferation process.^[64] Nevertheless, all neurotrophic factors described above co-operate in order to enable neuron survival and axonal outgrowth.^[63]

Following injury, axotomy conditions and chronic denervation cause a reduced availability of neurotrophic factors and their supplement at the injury site is needed to stimulate and support regeneration.^[3,67] As reviewed by Pfister *et al.*,^[68] growth factors can be released into the lumen through different mechanisms of drug delivery from an empty conduit (i.e. dissolution in a solution, encapsulation in the conduit wall, diffusion through microspheres) or by use of an intraluminal filler (i.e. microfiber impregnation, binding and release in a matrix). However, results reported in the literature are sometimes contradictory, and optimization of their concentration and the release mechanism is, therefore, necessary. In addition, due to their low stability in solution, growth factors need to be protected when encapsulated or bond to a substrate in order to prevent their degradation and prolong their activity *in situ*. In fact, some ECM molecules can form specific bonds with growth factors, preserving their functionality. For example, it was found that binding to heparin or heparin sulfate can specifically stabilize FGF, GDNF, and NGF, which are then gradually released in the delivery system.^[68] Furthermore, polymer coatings of the surface of the loaded biomaterial or microsphere with polylactide-co-glycolide^[12,69-71] can protect and gradually control the neurotrophic factor delivery over time.

Gordon's group has extensively investigated the role of neurotrophic factors in nerve regeneration, particularly focusing on the effect of BDNF and GDNF in the system.

Neurotrophic factors were supplemented at the injury site using a mini-osmotic pump and no effect was observed at low doses.^[3] Conversely, very high concentrations of BDNF inhibited the axonal regeneration, with a mechanism that seemed to be dose-dependent. In addition, a combination of BDNF and GDNF resulted in better nerve repair.^[3] Madduri *et al.*^[70,71] tested instead the efficiency of cross-linked NGF and GDNF as single growth factors or in combination to repair peripheral nerve injuries, resulting in enhanced early regeneration after two weeks postimplantation and higher SC migration. Since neurotrophic factors are gradually released in the regenerative environment by cells as a response to the natural events occurring during Wallerian degeneration and axon regeneration and myelination, it may be beneficial to recreate a molecular gradient along the inner surface of the NGC, guaranteeing the necessary supply of factors to support the regeneration process. An *in vitro* study demonstrated that a patterned gradient of immobilized NGF on chitosan substrates would increase axon sprouting and branching in the direction of the gradient itself.^[13] Tang *et al.*^[72] were also able to control the gradient distribution of NGF along a poly(ϵ -caprolactone)-block-poly(L-lactic acid-co- ϵ -caprolactone) conduit and observed a higher sciatic function index (SFI) when compared to uniform distribution of the neurotrophic factor.

The ECM-matrix inclusion of growth factors that are gradually released in the inner lumen of the NGCs have also been considered to be a valuable alternative for the optimization of the bioengineered construct. A successful study was presented by Cao *et al.*^[73] during which collagen scaffolds were loaded with an LM filler containing CNTF, promoting high levels of myelination after twelve weeks postimplantation and enhancing both SFI and nerve conduction velocity.

Cell transduction can also be thought of as an alternative approach to release specific growth factors at the site of regeneration. Godinho *et al.*^[40] implanted peripheral nerve grafts containing SC expressing BDNF, CNTF, and NT-3, respectively, resulting in different outcomes as a function of the growth factor. Following accurate locomotor investigation by using the gait analysis system Catwalk®,^[74-76] they showed a significant improvement of functional recovery under CNTF and NT-3 conditions while NT-3 stimulated a higher degree of myelination.^[40]

CONCLUSION AND FUTURE DIRECTIONS

Despite advancements in microsurgical techniques, nerve repair clinically provides suboptimal results, and autologous nerve grafts are the primary choice for nerve reconstruction, especially over long gaps. This opens the field for research and the development of tissue engineered nerve guides [Figure 1]. The transplant of regenerative cells into biodegradable conduits could be a clinical tool translating into improved regeneration. In our experience,^[47,49,58] ASCs contribute to axonal regeneration and myelination with the improvement of

functional outcomes in long-term experiments. Given their abundance and plasticity, we personally consider these cells to be one of the main options in future nerve repair studies. In this review, we have attempted to present a complete tableau of the different components which we believe are relevant for successful regeneration. To perform at their best, transplanted cells need a favorable environment, with proper attachment to biomaterials and directionality driven through conduits. If present, the external delivery of growth factors should be controlled to avoid inhibitory effects on regeneration. This would support both transplanted and native Schwann cell performance, improving nerve regeneration. The stronger mechanical stability shown by cells seeded on an ECM such as FN and LM may be essential for cell migration and control of local signaling environment.^[36] The influence of cell behavior on material coatings is an interesting question, as this effect is not dependent upon an external delivery source (as in the case of growth factors). Similarly, interactions between cells and biomaterials may influence cell performance and directionality, making it an interesting field for future research.

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